

Cancer Free Family Tree

Race Date

September 28, 2019

Overall Finish List

5K

Place	Overall	Name	City	Bib No	Age	Gend	Age Grade	-----Total-----		Chip		
								Chip Time	Gun Time	Diff	Pace	Time Back
1		Randolph Shelton	Mechanicsville VA	1263	44	M	0.7298	19:19.8	19:19.8	0:00.0	6:14/M	
2		Benjamin Katzman	Dahlgren VA	1214	31	M	0.5757	22:40.4	22:40.4	0:00.0	7:19/M	3:20.5
3		Lucas Wenkescaramozzi	Hampton VA	1288	34	M	0.5810	22:42.8	22:42.8	0:00.0	7:19/M	3:22.9
4		Danny Caton	Charlottesville VA	873	37	M	0.5840	22:59.1	23:00.5	0:01.3	7:25/M	3:39.3
5		Noelle Davoy	King George VA	884	35	F	0.6456	23:01.3	23:01.3	0:00.0	7:25/M	
6		Brett Bengtson	Dahlgren VA	858	29	M	0.5512	23:35.1	23:39.1	0:04.0	7:36/M	4:15.2
7		Karly Bengtson	Dahlgren VA	859	29	F	0.6245	23:38.7	23:38.7	0:00.0	7:36/M	0:37.4
8		Lauren Tepaske	Fredericksburg VA	1276	38	F	0.6232	24:06.0	24:06.0	0:00.0	7:44/M	1:04.7
9		Shawn Pallotti	King George VA	1321	46	M	0.5911	24:13.1	24:14.6	0:01.5	7:49/M	4:53.2
10		Jason Blackson	Washington DC	860	43	M	0.5757	24:19.7	24:47.3	0:27.5	7:51/M	4:59.8
11		Mackenzie Buckley	Spotsylvania VA	1306	15	F	0.6348	24:26.0	24:28.6	0:02.5	7:53/M	1:24.7
12		Adam Ambrose	South Mills NC	844	35	M	0.5385	24:37.5	24:41.3	0:03.8	7:57/M	5:17.6
13		Rebecca Love	King George VA	1221	42	F	0.6155	24:56.9	24:59.1	0:02.1	8:03/M	1:55.6
14		Landon Pierce	Fredericksburg VA	1314	28	M	0.5194	25:00.3	25:14.4	0:14.1	8:04/M	5:40.4
15		Ian Whitmore	King George VA	1339	30	M	0.5183	25:07.4	25:56.4	0:49.0	8:06/M	5:47.6
16		Blake Barker	Sedona AZ	853	27	M	0.5137	25:16.3	25:30.4	0:14.0	8:09/M	5:56.5
17		Evan Perez-Pantoja	Richmond VA	1248	33	M	0.5176	25:22.9	25:23.7	0:00.7	8:11/M	6:03.1
18		Timothy Lyons	King George VA	1223	50	M	0.5808	25:23.9	25:36.3	0:12.3	8:12/M	6:04.1
19		Juan Sandoval	King George VA	1257	36	M	0.5246	25:25.6	25:30.6	0:05.0	8:12/M	6:05.7
20		Gabriel Bowman	King George VA	863	16	M	0.5146	25:44.4	26:02.8	0:18.3	8:18/M	6:24.5
21		Will Buchholz		834	37	M	0.5196	25:49.9	25:55.2	0:05.2	8:20/M	6:30.1
22		Brett Webster	King George VA	1285	28	M	0.5027	25:50.0	25:51.9	0:01.8	8:20/M	6:30.2
23		David Varney	Dahlgren VA	1284	40	M	0.5268	26:01.2	26:05.0	0:03.8	8:24/M	6:41.3
24		Mike Scarfi	Mount Airy MD	1260	51	M	0.5688	26:08.0	26:14.4	0:06.3	8:26/M	6:48.2
25		Marcus Tepaske	Fredericksburg VA	1277	40	M	0.5243	26:08.8	26:17.1	0:08.2	8:26/M	6:49.0
26		Keith Christensen	King George VA	1295	38	M	0.5142	26:17.2	26:31.0	0:13.8	8:29/M	6:57.4
27		Lindsey Ross	Fredericksburg VA	1255	41	F	0.5798	26:19.0	26:24.6	0:05.5	8:29/M	3:17.7
28		Christopher Palmer	King George VA	1240	27	M	0.4811	26:59.2	27:01.0	0:01.8	8:42/M	7:39.4
29		Zach Hadel	Fredericksburg VA	896	25	M	0.4787	27:07.1	27:36.9	0:29.7	8:45/M	7:47.3
30		Rodney Clark	Richmond VA	880	34	M	0.4817	27:23.6	27:50.4	0:26.8	8:50/M	8:03.7
31		Charles Yarus	King George VA	1337	38	M	0.4916	27:29.8	27:47.6	0:17.8	8:52/M	8:10.0
32		John Miller	King George VA	1310	33	M	0.4683	28:03.2	28:23.5	0:20.3	9:03/M	8:43.3
33		Ryan Jones	Fredericksburg VA	1212	35	M	0.4703	28:11.7	28:21.5	0:09.8	9:06/M	8:51.9
34		Megan Hodorowicz	Fredericksburg VA	1205	32	F	0.5228	28:16.3	28:28.8	0:12.5	9:07/M	5:15.0
35		Andrea Moulton	Fredericksburg VA	1237	45	F	0.5536	28:23.0	28:26.1	0:03.1	9:09/M	5:21.7
36		Justin Thompson	King George VA	1278	37	M	0.4676	28:42.4	29:02.1	0:19.7	9:16/M	9:22.5
37		Nikki Ambrose	South Mills NC	845	33	F	0.5153	28:43.4	28:48.2	0:04.7	9:16/M	5:42.1
38		Ian Stockwell	King George VA	1273	40	M	0.4767	28:45.4	32:22.1	3:36.7	9:17/M	9:25.5
39		John Van De Weert	Washington DC	1282	46	M	0.4968	28:48.9	29:02.5	0:13.6	9:18/M	9:29.0
40		Amber Cherwek	Fredericksburg VA	874	36	F	0.5042	29:33.7	30:00.6	0:26.8	9:32/M	6:32.4
41		Peyton Cherwek	Fredericksburg VA	1294	6	F	0.6799	29:34.7	30:00.3	0:25.6	9:32/M	6:33.3
42		Raphael Amey	Fredericksburg VA	846	30	M	0.4399	29:36.0	29:42.3	0:06.3	9:33/M	10:16.1
43		Char Vancappel	Washington DC	1283	28	F	0.4946	29:51.2	29:58.0	0:06.8	9:38/M	6:49.9
44		Mike Bender	Kure Beach NC	857	62	M	0.5414	29:59.2	30:01.0	0:01.8	9:40/M	10:39.4
45		Lindsay Dinatale	La Plata MD	885	27	F	0.4846	30:28.3	30:40.2	0:11.8	9:50/M	7:27.0
46		Alicia Sbeitan	Washington DC	1258	31	F	0.4812	30:41.6	30:49.5	0:07.8	9:54/M	7:40.3
47		Whitney Kilgore	Fredericksburg VA	1215	31	F	0.4744	31:07.8	31:13.4	0:05.6	10:03/M	8:06.4
48		Whitney Mills	Richmond VA	1230	29	F	0.4662	31:40.6	31:49.0	0:08.4	10:13/M	8:39.2
49		Owen Clark	Towanda PA	879	14	M	0.4310	31:45.9	31:50.8	0:04.8	10:15/M	12:26.1
50		Ray Martin	King George VA	1224	28	M	0.4078	31:50.9	32:02.3	0:11.3	10:16/M	12:31.1
51		Brandon Allis	Towanda PA	842	42	M	0.4365	31:51.1	32:13.5	0:22.4	10:17/M	12:31.3
52		Ed Baker	King George VA	850	35	M	0.4138	32:02.8	32:26.2	0:23.4	10:20/M	12:43.0
53		Gary Forjan	Fredericksburg VA	892	65	M	0.5189	32:05.7	32:32.4	0:26.7	10:21/M	12:45.8
54		Charlea Haines	Fredericksburg VA	898	0	F	0	32:10.1	32:44.7	0:34.6	10:23/M	9:08.8
55		Crystal Henson	Fredericksburg VA	1203	37	F	0.4648	32:11.2	32:45.5	0:34.2	10:23/M	9:09.9
56		Patrick Haines	Fredericksburg VA	899	37	M	0.4169	32:11.7	32:45.5	0:33.8	10:23/M	12:51.8
57		Roger Lamb	King George VA	1217	32	M	0.4017	32:35.4	32:44.0	0:08.6	10:31/M	13:15.6
58		Rachel Cameron	King George VA	872	27	F	0.4529	32:36.4	32:46.1	0:09.7	10:31/M	9:35.1
59		Andrea McConnell	Fredericksburg VA	1226	47	F	0.4901	32:39.8	32:43.2	0:03.3	10:32/M	9:38.5
60		Todd Motley	King George VA	1236	50	M	0.4512	32:41.6	33:04.7	0:23.1	10:33/M	13:21.8
61		Jacob Bauckman	Montpelier VA	856	36	M	0.4079	32:41.8	33:01.8	0:20.0	10:33/M	13:21.9
62		Victoria Agnellini	Fredericksburg VA	1311	26	F	0.4499	32:49.5	33:04.3	0:14.8	10:35/M	9:48.2
63		Tyler Williamson	Fredericksburg VA	1291	26	M	0.3950	32:52.2	33:08.0	0:15.8	10:36/M	13:32.3
64		Shannon Williamson	Fredericksburg VA	1290	53	F	0.5194	32:53.2	33:09.0	0:15.8	10:37/M	9:51.8
65		Melissa Buckley	Spotsylvania VA	1307	39	F	0.4557	33:06.8	33:21.1	0:14.2	10:41/M	10:05.5
66		Delia Bauckman	Fredericksburg VA	1305	10	F	0.5225	33:16.5	33:33.8	0:17.3	10:44/M	10:15.1
67		Aubrie Frehner	Mesquite NV	893	36	F	0.4368	34:07.6	34:34.2	0:26.6	11:01/M	11:06.2

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							Chip Time	Gun Time	Diff	Pace	Time Back
68	Morgan Moxley	King George VA	1238	24	F	0.4277	34:31.5	34:46.2	0:14.7	11:08/M	11:30.1
69	Jennifer Ayres	King George VA	849	57	F	0.5177	34:32.5	34:46.3	0:13.8	11:09/M	11:31.2
70	Andreas Gregoriou	Norfolk VA	1327	26	M	0.3755	34:34.7	34:45.6	0:10.8	11:09/M	15:14.9
71	Mickey Skamangas	Fredericksburg VA	1269	54	M	0.4350	34:58.8	35:15.6	0:16.8	11:17/M	15:38.9
72	Becky Bauckman	Montpelier VA	855	37	F	0.4265	35:04.5	35:23.8	0:19.3	11:19/M	12:03.1
73	Kelly Mayer	Fredericksburg VA	1225	49	F	0.4660	35:04.7	35:21.0	0:16.3	11:19/M	12:03.4
74	Lori Ruger	Fredericksburg VA	1256	38	F	0.4280	35:05.5	35:21.5	0:16.0	11:19/M	12:04.2
75	Amber Bauckman	Fredericksburg VA	1304	36	F	0.4246	35:06.3	35:23.8	0:17.4	11:19/M	12:05.0
76	Cameron-Ann Standish	Colonial Beach VA	1271	28	F	0.4140	35:40.1	36:03.8	0:23.7	11:30/M	12:38.7
77	Brenda Haines	Fredericksburg VA	897	31	F	0.4105	35:58.7	36:32.3	0:33.5	11:36/M	12:57.4
78	Elizabeth Ferrell	King George VA	1347	34	F	0.4100	36:09.7	36:31.8	0:22.0	11:40/M	13:08.4
79	Justin Barbee	King George VA	1319	22	M	0.3541	36:40.2	37:01.6	0:21.3	11:50/M	17:20.3
80	Gage Jaeger	Spotsylvania VA	1211	8	M	0.4666	36:47.9	37:01.5	0:13.6	11:52/M	17:28.1
81	Barbara Pilley	Fredericksburg VA	1249	54	F	0.4652	37:08.1	37:17.4	0:09.3	11:59/M	14:06.7
82	Emily Patch	King George VA	1246	33	F	0.3919	37:45.7	38:08.0	0:22.3	12:11/M	14:44.3
83	Julie Sheridan	King George VA	1264	36	F	0.3818	39:02.4	39:33.7	0:31.3	12:36/M	16:01.1
84	Jessica Anthony	King George VA	847	31	F	0.3758	39:17.9	39:55.5	0:37.6	12:41/M	16:16.6
85	Jami Pennington	Fredericksburg VA	1247	35	F	0.3782	39:18.1	39:56.3	0:38.2	12:41/M	16:16.7
86	Brenda Hammersley	Fredericksburg VA	900	64	F	0.4954	39:20.2	39:42.4	0:22.2	12:41/M	16:18.9
87	Linsey Hammersley	Fredericksburg VA	1200	34	F	0.3769	39:20.5	39:42.8	0:22.2	12:41/M	16:19.2
88	Marlena Shelton	King George VA	1262	38	F	0.3742	40:08.1	40:27.2	0:19.1	12:57/M	17:06.8
89	Danielle Meyer	King George VA	1228	35	F	0.3702	40:08.8	40:28.4	0:19.5	12:57/M	17:07.5
90	Alan Middeker	King George VA	1229	40	M	0.3414	40:09.5	40:28.6	0:19.1	12:57/M	20:49.7
91	Alex Lowman	Fredericksburg VA	1222	29	F	0.3601	41:00.4	41:05.2	0:04.7	13:14/M	17:59.1
92	Jovan Ewart	King George VA	888	39	M	0.3274	41:34.6	41:53.3	0:18.7	13:25/M	22:14.7
93	Stacy Foster	Ruther Glen VA	1308	22	F	0.3548	41:36.9	41:54.3	0:17.4	13:25/M	18:35.5
94	Sammy Lou Raga	King George VA	1252	31	F	0.3433	43:01.5	43:26.8	0:25.3	13:53/M	20:00.2
95	Donna Reedal	King George VA	1253	49	F	0.3724	43:53.8	44:09.5	0:15.6	14:10/M	20:52.5
96	June Barfield	Woodbridge VA	852	40	F	0.3408	44:30.9	44:36.0	0:05.1	14:22/M	21:29.6
97	Elizabeth Forjan	Fredericksburg VA	891	57	F	0.3576	50:00.2	50:28.0	0:27.8	16:08/M	26:58.9
98	Janei McDowney	Colonial Beach VA	1309	28	F	0.2935	50:18.7	50:38.3	0:19.6	16:14/M	27:17.4
99	Donna Simmons	King George VA	1265	37	F	0.2972	50:19.7	50:36.8	0:17.0	16:14/M	27:18.3
100	Hope Fisher	Fredericksburg VA	1338	28	F	0.2933	50:20.7	50:36.8	0:16.0	16:14/M	27:19.4
101	Steven Reedal	King George VA	1254	47	M	0.2836	50:51.7	54:43.2	3:51.5	16:24/M	31:31.9
102	Samantha Sisco	Fredericksburg VA	1268	30	F	0.2850	51:48.7	52:01.0	0:12.3	16:43/M	28:47.3
103	Joseph Sisco	King George VA	1267	69	M	0.3334	51:48.9	52:01.3	0:12.3	16:43/M	32:29.1
104	Shelley Hutton	King George VA	1209	56	F	0.3303	53:30.9	53:58.3	0:27.4	17:16/M	30:29.6
105	Rebecca Wright	Elmira NY	1292	42	F	0.2855	53:47.5	53:58.1	0:10.5	17:21/M	30:46.2
106	Jennifer Sisco	King George VA	1266	64	F	0.3554	54:50.0	55:03.8	0:13.7	17:41/M	31:48.7
107	Robert Hutton	King George VA	1208	56	M	0.2755	56:06.0	56:34.1	0:28.0	18:06/M	36:46.2
108	Jordyn Snead	King George VA	1340	16	M	0.2340	56:36.9	56:57.5	0:20.6	18:16/M	37:17.1
109	Brandon Jaeger	Spotsylvania VA	1210	34	M	0.2327	56:42.8	57:04.5	0:21.7	18:18/M	37:22.9
110	Taylor Bowman	King George VA	1341	16	F	0.2688	56:44.5	57:06.2	0:21.6	18:18/M	33:43.2
111	Donna Hetrick	Fredericksburg VA	1204	58	F	0.3178	56:56.4	57:10.8	0:14.4	18:22/M	33:55.0
112	Rory Ellen Parker	Clifton VA	1244	6	F	0.3426	58:41.7	59:10.8	0:29.0	18:56/M	35:40.4
113	Connor Lewis	King George VA	1218	14	M	0.2331	58:43.9	59:10.2	0:26.3	18:57/M	39:24.0
114	Gillian Lewis	King George VA	1219	55	F	0.2974	58:45.0	59:11.8	0:26.8	18:57/M	35:43.6
115	Samantha Alty	King George VA	1303	30	F	0.2512	58:46.9	59:11.5	0:24.5	18:58/M	35:45.5
116	Casey Holbrook	Montross VA	1206	34	F	0.2438	1:00:49.0	1:01:20.7	0:31.7	19:37/M	37:47.6
117	Lashanti Jupp	Miami FL	1213	27	F	0.2332	1:03:18.6	1:03:42.4	0:23.8	20:25/M	40:17.2
118	Jonnelle Davis	King George VA	883	36	F	0.2354	1:03:18.9	1:03:42.4	0:23.5	20:25/M	40:17.5