

2019 MMTc RBR Series: Race 3

Race Date

August 21, 2019

Overall Results

Run-Bike-Run

<u>Place</u>	<u>Name</u>	<u>Bib</u>	<u>Age</u>	<u>Run 1</u>		<u>Trans 1</u>		<u>Bike</u>		<u>Trans 2</u>		<u>Run 2</u>		<u>Total</u>			
				<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Rnk</u>		<u>Time</u>	<u>Pace</u>	
1	Adam Weddington	666	39	1	14:42.3	7:00	1	0:34.4	1	27:10.4	2:35	1	0:29.5	1	15:33.7	7:25	58:30.4
2	Melissa Spaid-Decker	238	39	2	15:49.5	7:32	2	1:07.2	2	38:12.5	3:38	2	0:48.9	2	16:30.2	7:52	1:12:28.5
3	Trish Cummings	156	43	3	17:27.3	8:19	3	1:14.0	3	40:28.9	3:51	3	0:49.1	3	17:44.2	8:27	1:17:43.6