

Running & Riding for Recovery

Race Date

June 08, 2019

Overall Finish List

5K Run

Place	Overall	Name	City	Bib No	Age	Gend	Age Grade	-----Total-----		Chip		
								Chip Time	Gun Time	Diff	Pace	Time Back
1		Sherry Stick	Westminster MD	815	41	F	0.8052	18:56.9	18:56.9	0:00.0	6:06/M	
2		Becky Rhodes	Woodbine MD	802	39	F	0.7308	20:39.0	20:39.9	0:00.9	6:40/M	1:42.1
3		Joe Harvatine	Sykesville MD	763	56	M	0.7014	22:02.4	22:02.4	0:00.0	7:06/M	
4		Mary Baker	Westminster MD	734	38	F	0.6608	22:43.7	22:46.6	0:02.9	7:20/M	3:46.8
5		Robert Castor	Sykesville MD	745	27	M	0.5660	22:56.4	22:59.2	0:02.8	7:24/M	0:54.0
6		Paul Russell	Sykesville MD	811	57	M	0.6784	22:58.1	23:00.9	0:02.8	7:25/M	0:55.7
7		Zach Strouse	Sykesville MD	819	27	M	0.5619	23:06.2	23:08.9	0:02.6	7:27/M	1:03.8
8		Bill Brown	Sykesville MD	741	50	M	0.6254	23:35.2	23:37.7	0:02.4	7:37/M	1:32.8
9		Justin Haney	Eldersburg MD	870	15	M	0.5676	23:40.5	24:04.2	0:23.7	7:38/M	1:38.1
10		Allan Haney	Westminster MD	761	23	M	0.5483	23:40.6	24:04.6	0:23.9	7:38/M	1:38.2
11		Hope Callaway	Sykesville MD	835	15	F	0.6549	23:41.0	23:47.7	0:06.7	7:38/M	4:44.1
12		Unknown A	Baltimore MD	728	29	M	0.5409	24:02.0	24:04.2	0:02.2	7:45/M	1:59.6
13		Chris A	Baltimore MD	726	29	M	0.5354	24:16.9	24:19.2	0:02.2	7:50/M	2:14.5
14		Traci Lijewski	Sykesville MD	773	33	F	0.6035	24:31.5	24:41.9	0:10.3	7:55/M	5:34.6
15		Mike K	Baltimore MD	767	29	M	0.5214	24:56.0	24:57.8	0:01.8	8:03/M	2:53.6
16		Kelly Sorensen	New Windsor MD	814	29	F	0.5806	25:25.9	25:31.2	0:05.2	8:12/M	6:29.0
17		Brian Hoff	Westminster MD	765	56	M	0.6047	25:33.8	25:38.7	0:04.9	8:15/M	3:31.4
18		Chuck Griesser	Glenelg MD	756	60	M	0.6181	25:49.9	26:06.0	0:16.0	8:20/M	3:47.5
19		Amy Dinaburg	Finksburg MD	750	41	F	0.5883	25:56.2	26:02.6	0:06.3	8:22/M	6:59.3
20		Simon Crisp	Sykesville MD	747	53	M	0.5804	26:00.7	26:02.7	0:02.0	8:23/M	3:58.3
21		Sean O	Baltimore MD	793	34	M	0.5052	26:07.0	26:14.9	0:07.8	8:26/M	4:04.6
22		David Callaway	Sykesville MD	836	49	M	0.5574	26:15.8	26:24.8	0:08.9	8:28/M	4:13.4
23		Carrie Shaffer	Finksburg MD	813	40	F	0.5700	26:36.9	26:51.8	0:14.9	8:35/M	7:40.0
24		Matthew Bockmiller	Westminster MD	736	29	M	0.4849	26:48.6	26:58.6	0:09.9	8:39/M	4:46.2
25		Kelly Dixon	Westminster MD	751	41	F	0.5687	26:49.6	26:55.3	0:05.6	8:39/M	7:52.7
26		Unknown A	Baltimore MD	727	29	F	0.5497	26:51.8	26:51.8		8:40/M	7:54.9
27		Tammi Fique	Hampstead MD	754	45	F	0.5810	27:02.7	27:12.7	0:10.0	8:43/M	8:05.8
28		Sarah Bunce	Churchville MD	742	24	F	0.5401	27:20.4	27:26.3	0:05.9	8:49/M	8:23.5
29		Abby Wagner	Finksburg MD	822	38	F	0.5478	27:25.2	27:40.3	0:15.0	8:51/M	8:28.3
30		Marla Neri-Salzman	Finksburg MD	791	56	F	0.6410	27:34.6	27:51.4	0:16.7	8:54/M	8:37.7
31		Sam Rothstein	Sykesville MD	810	20	M	0.4668	27:48.6	27:56.2	0:07.5	8:58/M	5:46.2
32		Ed Rothstein	Sykesville MD	808	55	M	0.5504	27:51.8	27:59.2	0:07.3	8:59/M	5:49.4
33		Jon Trainum	Sykesville MD	820	52	M	0.5324	28:08.2	28:20.3	0:12.0	9:05/M	6:05.8
34		John Albaugh	Manchester MD	730	62	M	0.5762	28:10.7	28:14.7	0:04.0	9:05/M	6:08.2
35		Timothy Litzau	Sykesville MD	774	32	M	0.4539	28:50.5	29:07.2	0:16.7	9:18/M	6:48.0
36		Allison Castor	Sykesville MD	744	28	F	0.5113	28:52.9	28:57.2	0:04.3	9:19/M	9:56.0
37		Donte Liberatore	Finksburg MD	871	51	M	0.5139	28:55.5	29:02.5	0:06.9	9:20/M	6:53.1
38		Zellie Wothers	Sykesville MD	826	23	F	0.5086	29:02.0	29:06.9	0:04.9	9:22/M	10:05.1
39		Lindsey Romeo	Sykesville MD	804	29	F	0.5060	29:10.8	29:20.3	0:09.4	9:25/M	10:13.9
40		Mike Prestileo	Bel Air MD	798	30	M	0.4442	29:18.8	29:37.6	0:18.7	9:27/M	7:16.4
41		Kelly Mize	Sykesville MD	784	56	F	0.6003	29:26.6	29:37.5	0:10.9	9:30/M	10:29.7
42		Sarah Magid	Burtonsville MD	777	29	F	0.5015	29:26.6	29:56.7	0:30.0	9:30/M	10:29.7
43		Carolyn Burns	Sykesville MD	829	50	F	0.5582	29:35.8	30:01.7	0:25.9	9:33/M	10:38.9
44		Elizabeth Devine	Baltimore MD	749	33	F	0.4991	29:39.2	29:47.6	0:08.4	9:34/M	10:42.3
45		Emily Murdock	Sykesville MD	786	22	F	0.4932	29:56.5	30:21.5	0:24.9	9:40/M	10:59.6
46		Mary Murdock	Sykesville MD	787	20	F	0.4932	29:56.6	30:21.5	0:24.9	9:40/M	10:59.7
47		Colleen Gugliotta	Sykesville MD	839	42	F	0.5089	30:10.6	30:37.3	0:26.7	9:44/M	11:13.7
48		Tracey Trainum	Sykesville MD	821	44	F	0.5145	30:17.1	30:29.7	0:12.6	9:46/M	11:20.2
49		Christina Kuntz	Westminster MD	770	48	F	0.5339	30:17.5	30:33.3	0:15.7	9:46/M	11:20.6
50		Lisa Lance	Sykesville MD	772	50	F	0.5388	30:39.9	30:57.2	0:17.3	9:54/M	11:43.0
51		Audrey Rothstein	Sykesville MD	807	52	F	0.5383	31:22.4	31:31.4	0:09.0	10:07/M	12:25.5
52		Neil Okeefe	Sykesville MD	795	56	M	0.4884	31:39.0	32:03.3	0:24.2	10:13/M	9:36.6
53		Erin Wolf	Woodbine MD	825	23	F	0.4637	31:50.6	31:55.3	0:04.7	10:16/M	12:53.7
54		Matthew N	Baltimore MD	789	59	M	0.4956	31:57.2	32:12.9	0:15.6	10:18/M	9:54.8
55		Kate Ledbetter	Eldersburg MD	831	55	F	0.5449	32:03.9	32:21.2	0:17.2	10:21/M	13:07.0
56		Richard Romeo	Sykesville MD	806	55	M	0.4774	32:07.2	32:20.0	0:12.7	10:22/M	10:04.8
57		Emily Rothstein	Sykesville MD	809	23	F	0.4577	32:15.9	32:24.5	0:08.6	10:24/M	13:19.0
58		Loel Romeo	Sykesville MD	805	54	F	0.5350	32:17.4	32:19.6	0:02.2	10:25/M	13:20.5
59		Anna Kirker	Sykesville MD	769	44	F	0.4683	33:16.4	33:23.0	0:06.6	10:44/M	14:19.5
60		Nicole Guinan	Mariottsville MD	759	40	F	0.4558	33:16.9	33:23.2	0:06.3	10:44/M	14:20.0
61		Sean Stroosnyder	Hagerstown MD	818	33	M	0.3908	33:37.2	33:56.0	0:18.7	10:51/M	11:34.8
62		Katie Prestileo	Bel Air MD	797	29	F	0.4372	33:46.5	34:05.9	0:19.4	10:54/M	14:49.6
63		Joanne Okeefe	Sykesville MD	794	50	F	0.4659	35:28.0	35:52.0	0:24.0	11:26/M	16:31.1
64		Christi Hanui	Eldersburg MD	869	43	F	0.4338	35:38.9	36:04.3	0:25.3	11:30/M	16:42.0
65		Kathy Miller	Baltimore MD	782	55	F	0.4890	35:43.7	35:57.7	0:13.9	11:32/M	16:46.8
66		Mark Miller	Baltimore MD	783	54	M	0.4258	35:43.9	35:57.5	0:13.6	11:32/M	13:41.5
67		Kelsea Stroosnyder	Hagerstown MD	817	28	F	0.4112	35:54.6	36:14.6	0:20.0	11:35/M	16:57.7

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Overall	Name						Chip Time	Gun Time	Diff	Pace	Time Back
68	Dawn Harvatine	Sykesville MD	762	57	F	0.4979	35:54.9	36:12.3	0:17.3	11:35/M	16:58.0
69	Luke M	Baltimore MD	776	28	M	0.3612	35:57.6	36:14.9	0:17.3	11:36/M	13:55.2
70	Sean F	Baltimore MD	752	27	M	0.3574	36:19.5	36:22.5	0:03.0	11:43/M	14:17.0
71	Gina Painter	Sykesville MD	796	51	F	0.4596	36:20.8	36:44.3	0:23.4	11:44/M	17:23.9
72	Sue Armstrong	Sykesville MD	866	45	F	0.4321	36:21.6	36:44.9	0:23.3	11:44/M	17:24.7
73	Avah B	Baltimore MD	732	29	F	0.4060	36:22.2	36:28.9	0:06.6	11:44/M	17:25.3
74	Melissa Murdock	Sykesville MD	788	52	F	0.4543	37:10.7	37:36.6	0:25.9	12:00/M	18:13.8
75	Lisa K	Baltimore MD	766	31	F	0.3869	38:10.4	38:17.8	0:07.3	12:19/M	19:13.5
76	Laura Kendal	Baltimore MD	768	30	F	0.3867	38:11.1	38:19.0	0:07.9	12:19/M	19:14.2
77	Nathalee Martinez	Silver Spring MD	827	26	F	0.3859	38:15.9	38:44.4	0:28.5	12:21/M	19:19.0
78	Kelsey Nieto	Rockville MD	792	26	F	0.3818	38:40.5	39:08.6	0:28.0	12:29/M	19:43.6
79	Gerald Brooks	Westminster MD	740	51	M	0.3762	39:30.8	39:57.7	0:26.9	12:45/M	17:28.4
80	Margie Neighoff	Westminster MD	790	43	F	0.3913	39:31.0	39:57.7	0:26.6	12:45/M	20:34.1
81	Candace Blancett	Woodbine MD	735	31	F	0.3653	40:25.9	40:56.5	0:30.5	13:03/M	21:29.0
82	Mary Wilson	Westminster MD	823	59	F	0.4479	40:53.2	41:16.8	0:23.6	13:11/M	21:56.3
83	Michelle Steele	Sykesville MD	830	45	F	0.3744	41:57.9	42:11.9	0:14.0	13:32/M	23:01.0
84	Melody McMahon	Sykesville MD	828	51	F	0.3980	41:58.3	42:12.3	0:14.0	13:32/M	23:01.4
85	Kelley Rainey	Westminster MD	832	37	F	0.3341	44:46.8	45:08.2	0:21.4	14:27/M	25:49.9
86	Mildred Colussy	Sykesville MD	746	66	F	0.4379	45:40.6	46:03.6	0:23.0	14:44/M	26:43.7
87	Cindy Niver	Eldersburg MD	868	40	F	0.3321	45:40.8	46:03.8	0:23.0	14:44/M	26:43.9