

December 01, 2018

Overall Finish List

5K Run

Place Overall	Name	City	Bib No	Age	Gend	Age Grade	-----Total-----		Chip		
							Chip Time	Gun Time	Diff	Pace	Time Back
1	Arthur Leathers	Walkersville MD	2191	28	M	0.7610	17:03.9	17:05.5	0:01.5	5:30/M	
2	Louis Schiavone	Frederick MD	2479	26	M	0.7166	18:07.1	18:09.2	0:02.1	5:51/M	1:03.1
3	Matthew Rydzik	Frederick MD	2264	30	M	0.7013	18:34.1	18:35.9	0:01.7	5:59/M	1:30.1
4	Caden Devalle	Damascus MD	2868	15	M	0.7211	18:38.0	18:40.6	0:02.6	6:01/M	1:34.0
5	Claire Heasman	Frederick MD	2760	44	F	0.8297	18:46.9	18:49.4	0:02.4	6:03/M	
6	Adam Rudy	Boonsboro MD	2120	26	M	0.6833	19:00.0	19:04.4	0:04.4	6:08/M	1:56.0
7	Dan Oldham	New Market MD	2261	38	M	0.7006	19:17.6	19:19.2	0:01.5	6:13/M	2:13.6
8	Edwin Marroquin	Frederick MD	2184	43	M	0.6956	20:08.1	20:19.5	0:11.3	6:30/M	3:04.1
9	Michael Patrick	Frederick MD	2122	33	M	0.6400	20:31.6	20:34.2	0:02.6	6:37/M	3:27.7
10	Justin Chappell	Frederick MD	2214	15	M	0.6515	20:37.5	20:59.0	0:21.4	6:39/M	3:33.6
11	Morgon Corwine	Brunswick MD	2887	12	M	0.6949	20:45.2	20:47.1	0:01.9	6:42/M	3:41.2
12	Sarah-Jane O'Brien	New Market MD	2561	46	F	0.7547	21:00.4	21:05.2	0:04.8	6:46/M	2:13.4
13	Jack Willard	Jefferson MD	2259	14	M	0.6438	21:16.1	21:22.2	0:06.1	6:52/M	4:12.2
14	Nicolas Farrell	Frederick MD	2278	16	M	0.6212	21:19.4	21:24.3	0:04.9	6:53/M	4:15.4
15	Aaron Mullen	New Market MD	2111	43	M	0.6560	21:20.9	21:32.4	0:11.4	6:53/M	4:17.0
16	Michael Muszynski	Frederick MD	2579	36	M	0.5843	22:49.6	23:01.7	0:12.1	7:22/M	5:45.6
17	Carter Brubaker	Frederick MD	2925	12	M	0.6241	23:06.5	23:14.7	0:08.2	7:27/M	6:02.5
18	Matthew Collins	Frederick MD	2895	26	M	0.5592	23:13.1	23:14.7	0:01.5	7:29/M	6:09.1
19	Michael Mauro	Emmitsburg MD	2255	37	M	0.5689	23:35.6	23:43.4	0:07.8	7:36/M	6:31.6
20	Tabitha Cross	Frederick MD	2290	32	F	0.6207	23:48.8	23:56.2	0:07.4	7:41/M	5:01.8
21	Brian Luisi	Ijamsville MD	2653	40	M	0.5725	23:56.6	24:48.6	0:51.9	7:43/M	6:52.7
22	Cassidy Lamer	Adamstown MD	2683	10	F	0.7242	24:00.4	24:02.2	0:01.7	7:45/M	5:13.4
23	Reilly Teague	Jefferson MD	2407	13	F	0.6692	24:04.8	24:08.3	0:03.5	7:46/M	5:17.8
24	Kristin Hutzell	Frederick MD	2732	37	F	0.6187	24:10.7	24:24.6	0:13.9	7:48/M	5:23.7
25	Kurt Dominick	Myersville MD	2862	41	M	0.5670	24:21.0	24:27.8	0:06.8	7:51/M	7:17.0
26	Hailey Leishear	Buckeystown MD	2257	25	F	0.6028	24:29.9	24:40.7	0:10.8	7:54/M	5:42.9
27	Joshua Formwalt	Catonsville MD	2275	32	M	0.5343	24:30.1	24:34.6	0:04.5	7:54/M	7:26.1
28	Stephen Harris	Frederick MD	2295	39	M	0.5551	24:31.3	24:36.0	0:04.7	7:55/M	7:27.4
29	Melissa Garcia	Columbia MD	2806	26	F	0.5935	24:52.7	24:55.9	0:03.2	8:01/M	6:05.8
30	Lorinda Lane	Frederick MD	2205	40	F	0.6092	24:54.1	24:54.1		8:02/M	6:07.1
31	Trish Southwell	Frederick MD	2437	51	F	0.6708	24:54.1	24:54.1		8:02/M	6:07.1
32	Larson Pritchard	Frederick MD	2201	13	M	0.5629	24:54.2	24:54.2		8:02/M	7:50.2
33	Mike DeLoach	Frederick MD	2200	23	M	0.5213	24:54.2	24:54.2		8:02/M	7:50.3
34	Crystal Hildreth	Rockville MD	2752	42	F	0.6164	24:54.7	25:02.1	0:07.4	8:02/M	6:07.7
35	Lisa Smith	Middletown MD	2451	36	F	0.5981	24:55.3	25:07.5	0:12.1	8:02/M	6:08.4
36	Quansah Charles	New Market MD	2238	18	M	0.5191	25:01.2	25:31.4	0:30.2	8:04/M	7:57.2
37	Duncan Dacombe	Dayton MD	2296	49	M	0.5812	25:11.5	26:20.4	1:08.9	8:07/M	8:07.5
38	Sophie Geernaert	Frederick MD	2302	15	F	0.6113	25:22.4	25:27.6	0:05.1	8:11/M	6:35.5
39	Pamela Yao	Ellicott City MD	2183	58	F	0.7085	25:32.4	25:35.8	0:03.4	8:14/M	6:45.4
40	Dave Moyer	New Market MD	2591	48	M	0.5689	25:32.5	25:58.4	0:25.9	8:14/M	8:28.5
41	Scott Miller	Frederick MD	2192	52	M	0.5853	25:35.6	26:02.4	0:26.7	8:15/M	8:31.7
42	Mike Ramsburg	Walkersville MD	2179	54	F	0.6748	25:35.9	26:05.6	0:29.7	8:15/M	6:48.9
43	Meredith Moyer	New Market MD	2588	12	F	0.6409	25:43.3	26:09.1	0:25.8	8:18/M	6:56.3
44	Price Kaler	Jefferson MD	2719	61	M	0.6241	25:47.7	26:37.7	0:49.9	8:19/M	8:43.8
45	Joey Angleberger	New Oxford PA	2289	17	M	0.5072	25:48.0	26:47.1	0:59.1	8:19/M	8:44.0
46	Scott Ott	Spring Grove PA	2550	57	M	0.6032	25:50.1	25:56.4	0:06.3	8:20/M	8:46.1
47	Joanne Lee	Columbia MD	2669	44	F	0.6009	25:55.9	26:00.4	0:04.4	8:22/M	7:09.0
48	Alexander Pichugin	Rockville MD	2536	48	M	0.5521	26:19.1	26:46.7	0:27.5	8:29/M	9:15.1
49	Ryan Sonn	Knoxville MD	2303	23	M	0.4933	26:19.2	26:52.7	0:33.5	8:29/M	9:15.2
50	Chris Dutton	Frederick MD	2854	35	M	0.5025	26:23.6	26:58.7	0:35.1	8:31/M	9:19.6
51	Laura Kaler	Jefferson MD	2718	61	F	0.7091	26:27.7	27:17.2	0:49.5	8:32/M	7:40.7
52	Kristen Farr	Ellicott City MD	2837	40	F	0.5721	26:31.0	26:34.4	0:03.4	8:33/M	7:44.0
53	Bill Nail	Germantown MD	2577	51	M	0.5580	26:38.5	26:45.7	0:07.2	8:35/M	9:34.5
54	Rakesh Trivedi	Frederick MD	2395	47	M	0.5405	26:40.9	27:10.7	0:29.8	8:36/M	9:36.9
55	Michael Kresslein	Poolesville MD	2209	49	M	0.5455	26:50.2	27:08.2	0:17.9	8:39/M	9:46.3
56	Lorenzo Richards	Myersville MD	2506	12	M	0.5370	26:51.5	28:00.1	1:08.6	8:40/M	9:47.5
57	Brian Waltersdorff	York PA	2380	48	M	0.5406	26:52.6	27:38.4	0:45.8	8:40/M	9:48.7
58	John Gardner	Frederick MD	2220	59	M	0.5891	26:53.1	27:01.3	0:08.2	8:40/M	9:49.1
59	Chris Getto	Frederick MD	2226	33	M	0.4868	26:59.4	27:20.6	0:21.2	8:42/M	9:55.4
60	Stacy Delisle	Frederick MD	2869	39	F	0.5584	27:01.4	27:20.7	0:19.3	8:43/M	8:14.4
61	Jenny Gessner	Walkersville	2797	11	F	0.6256	27:01.4	27:04.6	0:03.2	8:43/M	8:14.4
62	Jr Bowers	Smithsburg MD	2941	42	M	0.5116	27:10.9	27:18.2	0:07.3	8:46/M	10:06.9
63	Amy Smith	Harpers Ferry WV	2448	33	F	0.5428	27:15.9	28:22.2	1:06.3	8:47/M	8:28.9
64	Dean Browning	Frederick MD	2315	11	M	0.5470	27:16.5	27:42.3	0:25.7	8:48/M	10:12.5
65	Kirstin Moyer	New Market MD	2589	46	F	0.5808	27:17.9	27:26.7	0:08.8	8:48/M	8:30.9
66	Dawn Rosarius	Frederick MD	2305	48	F	0.5911	27:21.4	27:45.2	0:23.8	8:49/M	8:34.4
67	Karisten Eddins	New Market MD	2103	52	F	0.6172	27:22.0	27:30.7	0:08.7	8:50/M	8:35.0

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Place Overall	Name	City	Bib No	Age	Gend	Age Grade	-----Total-----		Chip		
							Chip Time	Gun Time	Diff	Pace	Time Back
68	Bob Bofinger	New Market MD	2949	60	M	0.5788	27:35.3	27:44.2	0:08.9	8:54/M	10:31.4
69	Everette Flanders	Frederick MD	2824	21	M	0.4687	27:42.0	27:43.7	0:01.7	8:56/M	10:38.0
70	Bindy Ladesic	Harpers Ferry WV	2688	31	F	0.5328	27:43.1	28:48.7	1:05.6	8:56/M	8:56.1
71	Joseph Saccoia	Middletown MD	2485	10	M	0.5564	27:54.4	28:03.2	0:08.7	9:00/M	10:50.4
72	Mark Buchholz	Walkersville MD	2110	68	M	0.6118	27:57.1	28:04.5	0:07.4	9:01/M	10:53.1
73	Geneva Hansen	Frederick MD	2143	22	F	0.5280	27:58.0	28:00.4	0:02.3	9:01/M	9:11.1
74	Deirdre Dacombe	Dayton MD	2297	49	F	0.5838	27:59.8	29:08.5	1:08.7	9:02/M	9:12.8
75	Chassity Dominick	Myersville MD	2861	34	F	0.5293	28:00.8	28:07.4	0:06.5	9:02/M	9:13.9
76	Dana Bunge	Frederick MD	2921	39	F	0.5386	28:01.0	28:16.2	0:15.2	9:02/M	9:14.0
77	Kevin Shipley	Brunswick MD	2164	35	M	0.4733	28:01.2	28:48.7	0:47.4	9:02/M	10:57.2
78	Kerry Blackmer	Frederick MD	2207	43	F	0.5511	28:03.5	28:03.5		9:03/M	9:16.5
79	Debi Jamison	Germantown MD	2175	50	F	0.5888	28:03.8	28:03.8		9:03/M	9:16.9
80	Kate Calvert	Frederick MD	2206	28	F	0.5261	28:04.1	28:04.1		9:03/M	9:17.1
81	Raymond Shriver	Smithsburg MD	2156	57	M	0.5551	28:04.2	28:04.2		9:03/M	11:00.3
82	Lily Lanker	Frederick MD	2198	12	F	0.5871	28:04.5	28:04.5		9:03/M	9:17.5
83	Gregg Horner	Frederick MD	2745	56	M	0.5478	28:12.9	29:20.3	1:07.3	9:06/M	11:09.0
84	Riley Hinegardner	Frederick MD	2210	17	F	0.5289	28:22.2	28:47.9	0:25.6	9:09/M	9:35.2
85	Stephanie Bowers	Smithsburg MD	2940	44	F	0.5459	28:32.9	28:38.8	0:05.9	9:12/M	9:45.9
86	Kelly Knight	Rockville MD	2703	33	F	0.5181	28:34.1	29:01.2	0:27.1	9:13/M	9:47.1
87	Kristen Dunn	Thurmont MD	2855	37	F	0.5227	28:37.2	29:35.9	0:58.7	9:14/M	9:50.2
88	Daniel Rice	Frederick MD	2217	34	M	0.4591	28:44.6	30:20.2	1:35.6	9:16/M	11:40.6
89	Rob Simmons	Point Of Rocks MD	2459	39	M	0.4736	28:44.6	30:59.4	2:14.8	9:16/M	11:40.6
90	Zak Koshar	Frederick MD	2697	11	M	0.5181	28:47.9	28:55.5	0:07.6	9:17/M	11:43.9
91	Lisa Seufert	Sykesville MD	2468	49	F	0.5674	28:48.4	29:18.7	0:30.2	9:17/M	10:01.4
92	Ava Dorfman	Frederick MD	2229	8	F	0.6442	28:49.0	29:17.8	0:28.7	9:18/M	10:02.0
93	Megan Rice	Frederick MD	2507	30	F	0.5112	28:53.1	30:27.7	1:34.6	9:19/M	10:06.1
94	Kathleen Bailey	Clarksburg MD	2980	37	F	0.5164	28:58.2	29:35.8	0:37.6	9:21/M	10:11.2
95	Michelle Blount	Frederick MD	2224	47	F	0.5511	29:02.8	29:31.5	0:28.6	9:22/M	10:15.9
96	Maria Ferrucci	Columbia MD	2834	33	F	0.5070	29:11.4	29:15.1	0:03.6	9:25/M	10:24.5
97	John Rosarius	Frederick MD	2306	57	M	0.5336	29:12.1	29:36.2	0:24.1	9:25/M	12:08.1
98	Doug White	Clarksville MD	2360	56	M	0.5278	29:17.1	30:23.9	1:06.7	9:27/M	12:13.1
99	Abigail Cook	Walkersville	2891	12	F	0.5623	29:19.0	29:21.9	0:02.8	9:27/M	10:32.1
100	Cortney Keebaugh	Frederick MD	2713	41	F	0.5200	29:20.4	29:34.1	0:13.7	9:28/M	10:33.4
101	Richard Hudson	Frederick MD	2737	51	M	0.5064	29:21.2	29:23.8	0:02.5	9:28/M	12:17.2
102	Savannah Hinegardner	Frederick MD	2203	22	F	0.5030	29:21.3	29:21.3		9:28/M	10:34.4
103	Owen Brooks	Fairplay MD	2933	9	M	0.5540	29:21.6	29:34.8	0:13.2	9:28/M	12:17.6
104	Stacy Winters	Frederick MD	2196	47	F	0.5450	29:22.2	29:22.2		9:28/M	10:35.2
105	Char Schulz	Frederick MD	2204	43	F	0.5261	29:23.4	29:23.4		9:29/M	10:36.5
106	Alicia Yuhas	Mount Airy MD	2332	46	F	0.5390	29:24.7	29:24.7		9:29/M	10:37.8
107	Maxann Davis	Ijamsville MD	2267	56	F	0.6002	29:27.0	29:32.7	0:05.7	9:30/M	10:40.0
108	Katie Canada	Rockville MD	2906	29	F	0.5014	29:27.0	31:18.5	1:51.5	9:30/M	10:40.0
109	Jay Chiorini	Dayton MD	2287	54	M	0.5164	29:27.7	30:31.5	1:03.7	9:30/M	12:23.8
110	Monica Ricker	Hagerstown MD	2505	24	F	0.5003	29:31.0	30:04.5	0:33.5	9:31/M	10:44.0
111	John Noland	Adamstown MD	2566	41	M	0.4661	29:37.3	29:52.1	0:14.8	9:33/M	12:33.3
112	Natalie Winzer	Frederick MD	2344	32	F	0.4990	29:37.4	30:14.1	0:36.6	9:33/M	10:50.5
113	Starlene Ronkainen	Frederick MD	2128	32	F	0.4965	29:46.2	30:13.0	0:26.8	9:36/M	10:59.3
114	Jeffrey Harness	Brunswick MD	2765	37	M	0.4509	29:46.3	31:23.5	1:37.1	9:36/M	12:42.3
115	Brian Tuminski	Frederick MD	2102	30	M	0.4369	29:48.3	30:52.3	1:03.9	9:37/M	12:44.4
116	Mariah Lawton	Frederick MD	2676	19	F	0.4954	29:48.4	30:04.9	0:16.5	9:37/M	11:01.5
117	Quintin Daniluck	Walkersville	2273	44	M	0.4720	29:53.4	30:32.2	0:38.7	9:38/M	12:49.4
118	Justin Oneill	Charles Town WV	2285	33	M	0.4391	29:55.3	30:56.6	1:01.2	9:39/M	12:51.4
119	Jason Scaroni	Frederick MD	2480	39	M	0.4547	29:56.2	30:14.2	0:17.9	9:39/M	12:52.2
120	Michael Miglianti	Frederick MD	2621	41	M	0.4600	30:00.7	30:10.6	0:09.8	9:41/M	12:56.7
121	Stephanie Hall	Leesburg VA	2768	24	F	0.4913	30:03.4	31:24.7	1:21.2	9:42/M	11:16.5
122	Meg Wingard	Leesburg VA	2346	51	F	0.5545	30:07.6	31:52.5	1:44.8	9:43/M	11:20.6
123	Brittany Reaver	Frederick MD	2495	34	F	0.4910	30:11.9	31:56.4	1:44.4	9:44/M	11:24.9
124	Erin Fitzgerald	Bel Air MD	2827	29	F	0.4879	30:15.9	31:00.5	0:44.6	9:45/M	11:28.9
125	Janelle James	Fawn Grove PA	2729	30	F	0.4873	30:18.1	30:49.2	0:31.1	9:46/M	11:31.1
126	Jordyn Himes	Boonsboro MD	2325	33	F	0.4882	30:18.9	31:12.2	0:53.2	9:46/M	11:31.9
127	Crista Noyes	Boonsboro MD	2563	46	F	0.5226	30:20.0	31:11.9	0:51.8	9:47/M	11:33.1
128	Leslie Gordon	Boonsboro MD	2784	49	F	0.5384	30:21.6	31:13.4	0:51.8	9:47/M	11:34.6
129	Robert Hall	Walkersville MD	2189	40	M	0.4513	30:22.4	30:44.2	0:21.7	9:48/M	13:18.4
130	Darina Callear	Barnesville MD	2309	23	F	0.4853	30:25.5	32:02.3	1:36.8	9:49/M	11:38.5
131	Heather Prior	Biglerville PA	2523	50	F	0.5430	30:25.8	31:45.2	1:19.4	9:49/M	11:38.8
132	Joanna Vickers	Manchester MD	2384	43	F	0.5065	30:31.9	31:25.7	0:53.7	9:51/M	11:44.9
133	Francene Dayhoff	Walkersville MD	2873	54	F	0.5656	30:32.7	30:40.1	0:07.4	9:51/M	11:45.7
134	Christie Slavin	Dayton MD	2286	56	F	0.5776	30:36.0	31:43.3	1:07.3	9:52/M	11:49.1

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135	Drita Tibbs	Frederick MD	2127	51	F	0.5451	30:38.8	31:32.4	0:53.6	9:53/M	11:51.8
136	Quansah Charles	New Market MD	2239	47	M	0.4703	30:40.1	31:09.2	0:29.1	9:54/M	13:36.1
137	Andrew Prymak	Rockville MD	2522	35	M	0.4318	30:42.6	31:08.3	0:25.7	9:54/M	13:38.6
138	Xiomara Portillo	Montgomery Village	2528	25	F	0.4798	30:46.7	32:15.5	1:28.8	9:55/M	11:59.7
139	Stephanie Jaegly	Middletown MD	2731	29	F	0.4790	30:49.6	32:38.4	1:48.7	9:56/M	12:02.7
140	Alexis Daniluck	Walkersville	2272	17	F	0.4861	30:52.2	31:32.7	0:40.5	9:57/M	12:05.2
141	Terry Zanowicz	Middletown MD	2330	55	F	0.5647	30:56.6	31:26.2	0:29.6	9:59/M	12:09.6
142	Frank Thomas	Abbotstown PA	2178	56	M	0.4984	31:00.9	31:58.6	0:57.6	10:00/M	13:57.0
143	David King	Frederick MD	2708	43	M	0.4504	31:05.8	31:50.6	0:44.7	10:02/M	14:01.8
144	Chuck Seufert	Sykesville MD	2469	48	M	0.4648	31:15.9	31:46.4	0:30.5	10:05/M	14:11.9
145	Joseph Gessner	Walkersville	2798	9	M	0.5202	31:16.1	31:19.9	0:03.7	10:05/M	14:12.2
146	Leslie Weitzel-Nicoll	Mount Airy MD	2369	55	F	0.5583	31:17.8	31:49.4	0:31.5	10:05/M	12:30.9
147	Abby Mongan	Frederick MD	2613	11	F	0.5401	31:18.2	31:19.9	0:01.6	10:06/M	12:31.3
148	Frank Turner	Thurmont MD	2393	38	M	0.4316	31:18.9	33:36.2	2:17.2	10:06/M	14:14.9
149	Brittany Beall	Smithsburg MD	2962	25	F	0.4713	31:19.8	31:29.4	0:09.5	10:06/M	12:32.9
150	Zoe Razunguzwa	Brunswick MD	2516	12	F	0.5246	31:25.2	31:27.5	0:02.3	10:08/M	12:38.2
151	Melissa Lukes	Frederick MD	2652	51	F	0.5316	31:25.5	32:00.1	0:34.5	10:08/M	12:38.5
152	Aimee Melius	Saint Thomas PA	2622	30	F	0.4694	31:27.3	32:12.9	0:45.5	10:09/M	12:40.4
153	David Sneed	Frederick MD	2445	49	M	0.4648	31:29.9	32:30.4	1:00.5	10:09/M	14:25.9
154	Helene Dumais	New Market MD	2856	38	F	0.4767	31:30.7	32:45.2	1:14.5	10:10/M	12:43.7
155	Christa Long	Hagerstown MD	2656	53	F	0.5419	31:31.3	31:56.5	0:25.2	10:10/M	12:44.3
156	Lori Ropp	Jefferson MD	2228	49	F	0.5185	31:31.3	32:18.6	0:47.2	10:10/M	12:44.4
157	Timothy Guinan	Germantown MD	2772	62	M	0.5147	31:32.7	32:45.2	1:12.4	10:10/M	14:28.8
158	Judy Moriarty	Frederick MD	2603	56	F	0.5600	31:33.9	32:05.6	0:31.7	10:11/M	12:46.9
159	Nicholas Dantona	Adamstown MD	2875	12	M	0.4559	31:37.9	31:47.4	0:09.4	10:12/M	14:34.0
160	Edwin Hoffman	Coral Spring FL	2096	51	M	0.4696	31:39.2	32:01.4	0:22.1	10:13/M	14:35.2
161	Ryan Waguesspack	Frederick MD	2382	18	M	0.4097	31:41.9	32:29.3	0:47.4	10:13/M	14:38.0
162	Daniel Cruz	Walkersville MD	2883	44	M	0.4450	31:42.1	31:48.3	0:06.1	10:14/M	14:38.1
163	Brain Metzger	Frederick MD	2147	40	M	0.4318	31:44.6	32:31.2	0:46.5	10:14/M	14:40.7
164	Leslie Deavers	Middletown MD	2872	54	F	0.5431	31:48.4	32:44.6	0:56.2	10:15/M	13:01.4
165	Martha Martin	Bel Air MD	2639	51	F	0.5246	31:50.5	32:43.3	0:52.8	10:16/M	13:03.5
166	Juan Burgos	Frederick MD	2260	43	M	0.4394	31:52.2	33:52.4	2:00.1	10:17/M	14:48.3
167	Sebastian McCrimmon	Frederick MD	2630	9	M	0.5100	31:53.7	33:50.5	1:56.8	10:17/M	14:49.7
168	Scott McCrimmon	Frederick MD	2631	46	M	0.4477	31:58.4	33:54.1	1:55.7	10:19/M	14:54.4
169	Brendan Bray	Frederick MD	2245	40	M	0.4275	32:04.0	32:30.5	0:26.5	10:21/M	15:00.0
170	Vanessa Colson	Frederick MD	2893	36	F	0.4646	32:05.1	32:36.7	0:31.6	10:21/M	13:18.1
171	Caroline Teague	Jefferson MD	2406	11	F	0.5266	32:06.3	32:10.6	0:04.2	10:21/M	13:19.3
172	Paul Starks	Frederick MD	2433	58	M	0.4890	32:07.3	33:15.6	1:08.3	10:22/M	15:03.3
173	Jim Lee	Gaithersburg MD	2311	58	M	0.4890	32:07.6	33:15.2	1:07.6	10:22/M	15:03.6
174	Kelley Miller	Adamstown MD	2618	41	F	0.4734	32:13.8	32:20.7	0:06.9	10:24/M	13:26.8
175	Tyler Scholz		2138	20	M	0.4028	32:14.0	32:18.7	0:04.7	10:24/M	15:10.1
176	Michaele Teague	Jefferson MD	2408	47	F	0.4959	32:16.6	32:20.9	0:04.2	10:25/M	13:29.7
177	Jessica Lloyd	Frederick MD	2657	25	F	0.4572	32:18.0	32:28.1	0:10.1	10:25/M	13:31.0
178	Kathy Winter	Annapolis MD	2185	48	F	0.4989	32:24.8	32:45.6	0:20.7	10:27/M	13:37.9
179	Johanna Mitchell	Frederick MD	2614	10	F	0.5358	32:26.8	32:45.6	0:18.7	10:28/M	13:39.9
180	Nicole Mitchell	Frederick MD	2615	42	F	0.4729	32:28.5	32:46.4	0:17.9	10:28/M	13:41.5
181	Sarah Heitzler	Damascus MD	2758	35	F	0.4574	32:29.5	33:16.1	0:46.6	10:29/M	13:42.5
182	Domingo Gascon	Frederick MD	2801	62	M	0.4993	32:31.1	33:09.4	0:38.3	10:29/M	15:27.1
183	Chris Lamer	Adamstown MD	2684	47	M	0.4427	32:34.7	33:45.5	1:10.7	10:30/M	15:30.7
184	Susan Pierce-Richards	Myersville MD	2535	53	F	0.5241	32:35.4	33:46.2	1:10.8	10:31/M	13:48.4
185	Kristen Elkin	Germantown MD	2847	38	F	0.4606	32:36.7	32:43.1	0:06.3	10:31/M	13:49.8
186	Jennifer Harnish	Germantown MD	2764	45	F	0.4818	32:36.8	32:43.5	0:06.7	10:31/M	13:49.8
187	Julie Pratt	Damascus MD	2524	39	F	0.4625	32:37.9	33:25.3	0:47.4	10:31/M	13:50.9
188	Luke Daniluck	Walkersville	2271	12	M	0.4418	32:38.8	33:18.5	0:39.6	10:32/M	15:34.8
189	Anne Shubert	Smithsburg MD	2235	50	F	0.5057	32:40.3	33:01.7	0:21.4	10:32/M	13:53.3
190	Jessica Reif-Jones	Frederick MD	2513	41	F	0.4661	32:43.9	32:49.4	0:05.5	10:33/M	13:57.0
191	Caree Vander Linden	Ijamsville MD	2389	54	F	0.5274	32:45.2	34:05.7	1:20.4	10:34/M	13:58.3
192	Steve Rice	Frederick MD	2099	60	M	0.4867	32:48.3	34:29.6	1:41.2	10:35/M	15:44.4
193	Grace Shipley	Brunswick MD	2160	12	F	0.5020	32:50.2	33:35.1	0:44.9	10:35/M	14:03.2
194	Michael Henry	Adamstown MD	2755	34	M	0.4016	32:51.3	33:23.2	0:31.8	10:36/M	15:47.4
195	Stephen Moss	Elkridge MD	2600	39	M	0.4142	32:52.0	34:31.7	1:39.6	10:36/M	15:48.0
196	Emma Pritchard	Frederick MD	2134	14	F	0.4802	32:53.2	32:53.2		10:36/M	14:06.2
197	Faith Gibeau	Frederick MD	2795	41	F	0.4637	32:54.5	33:01.0	0:06.5	10:37/M	14:07.5
198	Carl Pritchard	Frederick MD	2199	45	M	0.4318	32:54.7	32:54.7		10:37/M	15:50.7
199	Joe Angleberger	New Oxford PA	2288	40	M	0.4163	32:55.5	33:54.4	0:58.9	10:37/M	15:51.5
200	Lawrence McCarter	Frederick MD	2635	48	M	0.4405	32:59.0	33:12.6	0:13.6	10:38/M	15:55.0
201	Joseph Wills	Adamstown MD	2349	60	M	0.4834	33:02.0	33:13.8	0:11.8	10:39/M	15:58.0

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Overall Finish List

5K Run

Place	Overall	Name	City	Bib No	Age	Gend	Age Grade	-----Total-----		Chip		
								Chip Time	Gun Time	Diff	Pace	Time Back
202		Gregory Hall	Myersville MD	2769	58	M	0.4744	33:06.9	33:49.8	0:42.8	10:41/M	16:03.0
203		Laila Martin	Frederick MD	2148	11	F	0.5090	33:13.0	33:58.5	0:45.5	10:43/M	14:26.0
204		Gauri Raheja	Frederick MD	2519	46	F	0.4763	33:17.0	33:47.7	0:30.7	10:44/M	14:30.0
205		Kelsey Knepp	Frederick MD	2704	36	F	0.4459	33:26.0	34:11.5	0:45.5	10:47/M	14:39.0
206		Gwen Twillman	New Market MD	2391	52	F	0.5037	33:31.8	33:41.7	0:09.9	10:49/M	14:44.8
207		David Stuckey	Frederick MD	2417	60	M	0.4762	33:31.8	34:02.7	0:30.8	10:49/M	16:27.8
208		Annette Stuckey	Frederick MD	2416	49	F	0.4874	33:32.1	34:02.9	0:30.7	10:49/M	14:45.2
209		Nicole Thomas	Brunswick MD	2401	32	F	0.4405	33:33.1	33:55.9	0:22.7	10:49/M	14:46.2
210		Lisa McCoy	Brunswick MD	2632	36	F	0.4442	33:33.3	33:56.2	0:22.9	10:49/M	14:46.3
211		Debra Leathers	Taneytown MD	2671	55	F	0.5201	33:35.6	33:51.6	0:15.9	10:50/M	14:48.6
212		Susan Summers	Middletown MD	2415	27	F	0.4395	33:35.7	33:47.7	0:11.9	10:50/M	14:48.7
213		Trust Razunguzwa	Brunswick MD	2517	41	M	0.4104	33:38.5	33:40.3	0:01.7	10:51/M	16:34.5
214		Toddy Bottenfield	Buckeystown MD	2256	28	F	0.4388	33:38.9	33:51.1	0:12.1	10:51/M	14:52.0
215		Sebastian Achuo	Frederick MD	3000	10	M	0.4596	33:47.0	33:55.3	0:08.2	10:54/M	16:43.0
216		Karen Lussier	Denver CO	2650	45	F	0.4643	33:50.4	34:14.3	0:23.8	10:55/M	15:03.4
217		Staci McCole	Ijamsville MD	2318	44	F	0.4604	33:50.9	34:20.2	0:29.2	10:55/M	15:04.0
218		Angela Thomas	Charles Town WV	2402	35	F	0.4381	33:55.5	34:28.4	0:32.8	10:56/M	15:08.5
219		Jessie Jasek	Keedysville MD	2728	26	F	0.4348	33:57.8	33:59.4	0:01.5	10:57/M	15:10.8
220		Mariah Rodriguez	Frederick MD	2500	23	F	0.4347	33:57.9	33:59.6	0:01.7	10:57/M	15:11.0
221		Jenna Ott	Spring Grove PA	2549	27	F	0.4345	33:59.0	34:05.7	0:06.7	10:58/M	15:12.0
222		Kimberley Terwilliger	Frederick MD	2403	53	F	0.5025	33:59.4	34:10.9	0:11.5	10:58/M	15:12.4
223		Lisa Heller	Williamsport MD	2756	61	F	0.5514	34:02.1	34:51.3	0:49.1	10:59/M	15:15.1
224		Logan Hagerty	Frederick MD	2771	28	M	0.3797	34:12.3	35:40.7	1:28.4	11:02/M	17:08.3
225		Isabella Marra	Knoxville MD	2641	16	F	0.4453	34:15.5	34:54.2	0:38.7	11:03/M	15:28.5
226		Maria Justo Alonso	Gaithersburg MD	2721	34	F	0.4321	34:18.9	34:48.5	0:29.5	11:04/M	15:31.9
227		Lisa Ng	Poolesville MD	2568	37	F	0.4356	34:20.5	34:50.1	0:29.6	11:05/M	15:33.5
228		Kevin Bremerman	Damascus MD	2937	33	M	0.3810	34:29.1	35:00.7	0:31.5	11:07/M	17:25.2
229		Montana Bremerman	Damascus MD	2936	26	F	0.4281	34:29.3	35:00.7	0:31.4	11:07/M	15:42.4
230		Stephen Zimmerman	Columbia MD	2166	33	M	0.3802	34:33.4	35:02.1	0:28.6	11:09/M	17:29.5
231		Evelyn Turner	Thurmont MD	2392	36	F	0.4300	34:40.0	35:54.8	1:14.7	11:11/M	15:53.1
232		Joseph Saavedra	Thurmont MD	2487	70	M	0.5037	34:40.5	35:55.4	1:14.9	11:11/M	17:36.5
233		Kristy Lidie	Frederick MD	2662	41	F	0.4394	34:43.5	35:24.8	0:41.2	11:12/M	15:56.5
234		Allison Wiles	Sykesville MD	2352	28	F	0.4252	34:43.8	35:58.6	1:14.8	11:12/M	15:56.8
235		Ayana White	Sabillasville MD	2358	45	F	0.4505	34:52.8	35:52.2	0:59.3	11:15/M	16:05.8
236		Stacy Rosenberg	Frederick MD	2491	31	F	0.4220	34:59.9	35:20.8	0:20.8	11:17/M	16:12.9
237		Matt Shiplett	Sykesville MD	2312	26	M	0.3707	35:01.2	35:59.7	0:58.5	11:18/M	17:57.2
238		Jason Cross	Frederick MD	2291	39	M	0.3885	35:02.4	37:08.2	2:05.8	11:18/M	17:58.4
239		George Ladue	New Market MD	2687	61	M	0.4589	35:05.1	35:43.5	0:38.3	11:19/M	18:01.2
240		Becky Buchanan	Charles Town WV	2923	49	F	0.4654	35:07.4	37:15.2	2:07.7	11:20/M	16:20.4
241		Martha Mowery	Frederick MD	2593	29	F	0.4203	35:08.2	35:19.5	0:11.3	11:20/M	16:21.2
242		Ann Workmeister	Frederick MD	2244	53	F	0.4858	35:09.7	36:49.5	1:39.8	11:20/M	16:22.7
243		Herrera Ivan	Frederick MD	2232	30	M	0.3697	35:13.2	37:06.3	1:53.1	11:22/M	18:09.2
244		Duane Knepp	Frederick MD	2705	38	M	0.3830	35:17.4	36:05.9	0:48.5	11:23/M	18:13.4
245		Brian Wells	Ijamsville MD	2368	45	M	0.4027	35:17.5	35:43.4	0:25.8	11:23/M	18:13.5
246		Annalise Wells	Ijamsville MD	2366	9	F	0.5083	35:17.5	35:41.9	0:24.4	11:23/M	16:30.5
247		Becky Wells	Ijamsville MD	2367	44	F	0.4415	35:17.8	35:43.2	0:25.3	11:23/M	16:30.9
248		Elizabeth Wells	Ijamsville MD	2365	10	F	0.4925	35:18.4	35:42.2	0:23.7	11:23/M	16:31.4
249		Emily Bannon	Boonsboro MD	2215	34	F	0.4198	35:19.3	36:29.7	1:10.4	11:24/M	16:32.3
250		David Cochran	Frederick MD	2897	51	M	0.4205	35:20.9	36:01.7	0:40.7	11:24/M	18:17.0
251		Nicole Solich	Charles Town WV	2439	34	F	0.4190	35:23.1	35:54.2	0:31.1	11:25/M	16:36.1
252		Becky Wilson	Frederick MD	2348	40	F	0.4286	35:23.8	36:32.8	1:08.9	11:25/M	16:36.9
253		Lauren White	Frederick MD	2359	32	F	0.4175	35:24.2	36:33.2	1:08.9	11:25/M	16:37.2
254		Helen Trainor	Poolesville MD	2397	43	F	0.4363	35:26.6	36:51.7	1:25.0	11:26/M	16:39.6
255		Nicole Whitman	Poolesville MD	2354	46	F	0.4472	35:26.9	36:50.8	1:23.9	11:26/M	16:40.0
256		Chad Johnson	Frederick MD	2724	35	M	0.3741	35:27.0	35:38.4	0:11.4	11:26/M	18:23.0
257		Mandy Schlosburg	Poolesville MD	2477	40	F	0.4279	35:27.1	36:50.5	1:23.3	11:26/M	16:40.2
258		Jane Gleason	Poolesville MD	2793	46	F	0.4469	35:28.4	36:50.6	1:22.2	11:26/M	16:41.4
259		Katherine Turk	Frederick MD	2132	66	F	0.5631	35:31.1	37:11.7	1:40.6	11:27/M	16:44.2
260		Julie Skowronski	Thurmont MD	2190	45	F	0.4413	35:36.2	36:31.7	0:55.5	11:29/M	16:49.2
261		Kat Spencer	New Market MD	2324	42	F	0.4312	35:36.6	36:35.3	0:58.6	11:29/M	16:49.6
262		Caroline Reeves-Novotny	Frederick MD	2269	52	F	0.4742	35:37.0	36:03.4	0:26.3	11:29/M	16:50.1
263		Justine Carr	Rockville MD	2904	35	F	0.4158	35:44.6	36:11.4	0:26.7	11:32/M	16:57.6
264		Robin Marquart	Frederick MD	2643	42	F	0.4292	35:46.7	36:31.2	0:44.5	11:32/M	16:59.7
265		Megan Whipple	Westminster MD	2361	30	F	0.4124	35:48.2	37:40.5	1:52.2	11:33/M	17:01.3
266		Diana Jones	Rockville MD	2722	34	F	0.4141	35:48.3	36:33.0	0:44.7	11:33/M	17:01.3
267		Amy Lee	Rockville MD	2668	28	F	0.4123	35:49.1	36:32.5	0:43.4	11:33/M	17:02.1
268		Jessica Myers	Frederick MD	2578	33	F	0.4129	35:50.9	37:38.2	1:47.3	11:34/M	17:03.9

December 01, 2018

Overall Finish List

5K Run

Place Overall	Name	City	Bib No	Age	Gend	Age Grade	-----Total-----		Chip		
							Chip Time	Gun Time	Diff	Pace	Time Back
269	Sarah Stillman	Lovettsville VA	2282	58	F	0.5045	35:52.2	36:00.1	0:07.9	11:34/M	17:05.2
270	Ryan Lewis	Frederick MD	2218	32	M	0.3642	35:56.3	37:32.7	1:36.4	11:35/M	18:52.4
271	Aaron Horst	Frederick MD	2165	37	M	0.3735	35:56.6	36:31.1	0:34.5	11:35/M	18:52.6
272	Kevin Winegar	Frederick MD	2283	41	M	0.3839	35:57.7	36:05.2	0:07.4	11:36/M	18:53.7
273	Amee Lewis	Frederick MD	2664	33	F	0.4114	35:58.5	37:33.1	1:34.6	11:36/M	17:11.5
274	Ethan Hildreth	Rockville MD	2750	13	M	0.3893	36:00.3	37:03.2	1:02.9	11:37/M	18:56.3
275	Fiona Leahy	Frederick MD	2672	11	F	0.4695	36:00.7	36:19.6	0:18.9	11:37/M	17:13.7
276	Gwyneth Whieldon	Frederick MD	2363	35	F	0.4126	36:01.4	36:20.3	0:18.9	11:37/M	17:14.4
277	Sheila	Frederick MD	2742	51	F	0.4635	36:02.3	37:42.8	1:40.5	11:37/M	17:15.3
278	Diane Gieck	Frederick MD	2794	52	F	0.4686	36:02.3	37:44.6	1:42.3	11:37/M	17:15.4
279	June Sterling	Lovettsville VA	2429	65	F	0.5476	36:03.0	36:10.5	0:07.5	11:38/M	17:16.0
280	Cynthia Beamer	Brunswick MD	2149	41	F	0.4230	36:04.0	37:59.7	1:55.6	11:38/M	17:17.0
281	Timothy Baldwin	Frederick MD	2243	41	M	0.3828	36:04.1	37:32.4	1:28.2	11:38/M	19:00.1
282	Tory Fisher	Frederick MD	2828	35	F	0.4116	36:06.5	36:19.7	0:13.1	11:39/M	17:19.5
283	Katy Defoe	Charles Town WV	2870	41	F	0.4225	36:06.6	37:49.8	1:43.2	11:39/M	17:19.6
284	Jerry Hildreth	Rockville MD	2749	45	M	0.3932	36:08.7	37:11.6	1:02.9	11:39/M	19:04.7
285	Jason Defoe	Charles Town WV	2871	41	M	0.3809	36:14.8	37:58.0	1:43.2	11:41/M	19:10.9
286	Martin Leathers	Taneytown MD	2670	57	M	0.4297	36:15.6	36:50.8	0:35.2	11:42/M	19:11.6
287	Natalie Moss	Elkridge MD	2599	34	F	0.4063	36:29.7	38:05.2	1:35.5	11:46/M	17:42.7
288	Kathryn McLeod	Brunswick MD	2626	42	F	0.4200	36:33.5	37:36.2	1:02.7	11:47/M	17:46.6
289	Bryce Hambrecht	Frederick MD	2155	11	F	0.4617	36:37.3	37:21.8	0:44.5	11:49/M	17:50.3
290	Dylan Katz	Clarksburg MD	2162	10	M	0.4234	36:40.2	37:13.5	0:33.2	11:50/M	19:36.2
291	Lindsey Kearney	New Market MD	2714	31	F	0.4027	36:40.6	37:35.5	0:54.9	11:50/M	17:53.6
292	Fay Alexander	Frederick MD	2145	38	F	0.4095	36:40.8	36:57.2	0:16.3	11:50/M	17:53.9
293	Seth Katz	Clarksburg MD	2161	43	M	0.3817	36:41.5	37:14.4	0:32.8	11:50/M	19:37.5
294	Mike Lidie	Frederick MD	2663	43	M	0.3805	36:48.6	37:29.5	0:40.9	11:52/M	19:44.6
295	Jill Querry	New Market MD	2231	42	F	0.4171	36:48.9	38:52.8	2:03.8	11:52/M	18:01.9
296	Kaitlyn Lidie	Frederick MD	2661	8	F	0.5041	36:49.6	37:29.9	0:40.2	11:53/M	18:02.6
297	Erica Saccoia	Middletown MD	2486	47	F	0.4340	36:52.8	37:01.7	0:08.8	11:54/M	18:05.9
298	Carrie Andresen-Strawn	Frederick MD	2169	42	F	0.4162	36:53.7	37:28.5	0:34.7	11:54/M	18:06.8
299	Judy Trentini	Frederick MD	2139	55	F	0.4731	36:55.8	37:41.2	0:45.3	11:55/M	18:08.8
300	Melinda MacHande	Frederick MD	2137	46	F	0.4292	36:56.5	37:41.1	0:44.6	11:55/M	18:09.5
301	Jaclyn Converse	Frederick MD	2194	38	F	0.4064	36:57.5	37:30.7	0:33.1	11:55/M	18:10.5
302	Billy Clem	Frederick MD	2898	49	M	0.3961	36:57.5	38:17.7	1:20.2	11:55/M	19:53.5
303	A. B. Sappington	Frederick MD	2481	54	F	0.4669	36:59.8	37:09.3	0:09.5	11:56/M	18:12.9
304	Stacy Lakin	Jefferson MD	2686	40	F	0.4097	37:01.4	37:49.2	0:47.7	11:56/M	18:14.4
305	Jared Cave	Pittsburgh PA	2187	32	M	0.3533	37:03.2	39:36.7	2:33.5	11:57/M	19:59.2
306	Sarah Cave	Pittsburgh PA	2188	31	F	0.3980	37:06.7	39:36.2	2:29.5	11:58/M	18:19.7
307	Chris Colville	Frederick MD	2262	54	F	0.4640	37:13.9	38:46.4	1:32.4	12:00/M	18:27.0
308	Mallory Rudy	Boonsboro MD	2489	26	F	0.3964	37:15.2	39:17.0	2:01.8	12:01/M	18:28.3
309	Mark Boland	Gaithersburg MD	2946	60	M	0.4283	37:16.9	39:17.7	2:00.7	12:01/M	20:13.0
310	Meagan Norris	Frederick MD	2242	37	F	0.4010	37:18.3	39:20.2	2:01.9	12:02/M	18:31.3
311	Rea Spangler	Buckeystown MD	2258	20	F	0.3958	37:18.7	37:30.4	0:11.7	12:02/M	18:31.7
312	Greta Snyder	Adamstown MD	2440	12	F	0.4404	37:25.7	37:42.3	0:16.5	12:04/M	18:38.8
313	David Alexander	Frederick MD	2144	38	M	0.3611	37:25.9	37:41.5	0:15.5	12:04/M	20:22.0
314	David Talmage	Frederick MD	2412	41	M	0.3677	37:32.8	37:37.4	0:04.5	12:06/M	20:28.8
315	Abby Talmage	Frederick MD	2413	12	F	0.4390	37:33.1	37:36.8	0:03.6	12:07/M	18:46.1
316	Leah Stone	Thurmont MD	2208	26	F	0.3929	37:34.8	38:54.2	1:19.3	12:07/M	18:47.9
317	Suttsady Sisavath	Frederick MD	2457	10	F	0.4625	37:35.6	38:48.1	1:12.5	12:07/M	18:48.6
318	Becky Plotnick	Frederick MD	2534	52	F	0.4493	37:35.7	38:53.2	1:17.5	12:07/M	18:48.7
319	Cindy Keohavong	Frederick MD	2176	37	F	0.3976	37:37.3	38:48.1	1:10.7	12:08/M	18:50.4
320	Stacey Pfeifer	Walkersville MD	2539	39	F	0.4006	37:40.2	38:37.4	0:57.2	12:09/M	18:53.2
321	Scott Newton	Walkersville	2569	47	M	0.3827	37:41.3	38:18.6	0:37.3	12:09/M	20:37.4
322	Dayshia Disney	Frederick MD	2864	26	F	0.3918	37:41.6	38:12.0	0:30.4	12:09/M	18:54.6
323	Makenna Pfeifer	Walkersville MD	2538	10	F	0.4609	37:43.2	38:39.8	0:56.6	12:10/M	18:56.2
324	Jen Rinehart	Adamstown MD	2503	48	F	0.4286	37:44.1	38:00.0	0:15.9	12:10/M	18:57.2
325	Quansah Angelyn	New Market MD	2237	10	F	0.4602	37:46.8	38:42.6	0:55.7	12:11/M	18:59.9
326	Rachael Brunck	Frederick MD	2131	40	F	0.4015	37:46.9	38:42.6	0:55.7	12:11/M	18:59.9
327	Kaylie Zaal	Boonsboro MD	2331	10	F	0.4601	37:47.6	38:42.8	0:55.2	12:11/M	19:00.6
328	Mark Gaffigan	Woodsboro MD	2810	56	M	0.4078	37:54.5	39:18.1	1:23.6	12:14/M	20:50.5
329	Kyle Waters	Bel Air MD	2370	26	M	0.3424	37:55.0	38:38.2	0:43.2	12:14/M	20:51.0
330	Jeff Bunge	Frederick MD	2920	43	M	0.3693	37:55.5	38:12.4	0:16.8	12:14/M	20:51.5
331	Peggy Waxter	Frederick MD	2157	71	F	0.5640	37:57.4	38:40.2	0:42.8	12:15/M	19:10.4
332	Ann Corkery	Brookeville MD	2888	45	F	0.4139	37:57.9	39:28.4	1:30.4	12:15/M	19:10.9
333	Racheal Cutler	Martinsburg WV	2880	37	F	0.3938	37:59.2	38:42.4	0:43.2	12:15/M	19:12.2
334	Jillian Grieshaber	Martinsburg WV	2778	39	F	0.3972	37:59.6	38:42.4	0:42.8	12:15/M	19:12.6
335	Amanda Tyeryar-Stebbing	Thurmont MD	2390	35	F	0.3911	38:00.3	39:03.1	1:02.7	12:15/M	19:13.3

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Overall Finish List

5K Run

Place Overall	Name	City	Bib No	Age	Gend	Age Grade	-----Total-----		Chip		
							Chip Time	Gun Time	Diff	Pace	Time Back
336	Jennifer Wainberg	Frederick MD	2381	38	F	0.3952	38:00.4	39:46.7	1:46.2	12:15/M	19:13.5
337	Kandi MacAuley	Middletown MD	2649	38	F	0.3943	38:05.6	39:57.8	1:52.1	12:17/M	19:18.6
338	Susan Bennett	Frederick MD	2960	49	F	0.4283	38:09.8	38:39.2	0:29.3	12:18/M	19:22.9
339	Rebecca Grim	Falling Waters WV	2777	26	F	0.3865	38:12.4	39:02.1	0:49.6	12:19/M	19:25.5
340	Sharon Loudenslager	Boonsboro MD	2655	35	F	0.3889	38:12.9	38:47.7	0:34.7	12:19/M	19:26.0
341	Carolyn Albert	Frederick MD	2998	44	F	0.4073	38:15.7	38:25.4	0:09.7	12:20/M	19:28.7
342	Guy Federico	Derwood MD	2836	57	M	0.4071	38:16.4	39:28.7	1:12.3	12:21/M	21:12.4
343	Kristin Lunderville	Adamstown MD	2250	40	F	0.3962	38:17.4	39:49.2	1:31.8	12:21/M	19:30.4
344	Joyce Smith	Frederick MD	2452	50	F	0.4309	38:20.6	38:39.9	0:19.2	12:22/M	19:33.6
345	Katie Lusby	Adamstown MD	2651	39	F	0.3932	38:22.9	38:26.5	0:03.6	12:23/M	19:35.9
346	Laura Smith	Frederick MD	2446	26	F	0.3843	38:25.5	39:00.0	0:34.5	12:24/M	19:38.5
347	Corey Nininger	Frederick MD	2567	26	M	0.3379	38:25.7	39:00.1	0:34.4	12:24/M	21:21.7
348	Susan Hinegardner	Frederick MD	2212	50	F	0.4296	38:27.6	38:53.3	0:25.6	12:24/M	19:40.6
349	Joyce Duffy	New Market MD	2323	49	F	0.4245	38:30.5	39:29.5	0:58.9	12:25/M	19:43.6
350	Quansah Angela	New Market MD	2240	44	F	0.4042	38:33.1	39:30.6	0:57.4	12:26/M	19:46.1
351	Maria Browning	Frederick MD	2929	41	F	0.3948	38:38.7	38:42.4	0:03.6	12:28/M	19:51.7
352	Caroline Pfrang	Brunswick MD	2213	25	F	0.3816	38:41.5	40:02.1	1:20.6	12:29/M	19:54.5
353	Mark Jafari	Frederick MD	2730	47	M	0.3727	38:41.7	39:58.2	1:16.4	12:29/M	21:37.8
354	Kim Hughes	Burkittsville MD	2736	44	F	0.4024	38:43.4	39:16.1	0:32.7	12:29/M	19:56.4
355	Anna Barnes	New Market MD	2976	33	F	0.3822	38:43.6	40:25.0	1:41.4	12:29/M	19:56.6
356	Lynn Jenner	Silver Spring MD	2726	59	F	0.4724	38:46.2	39:39.7	0:53.5	12:30/M	19:59.2
357	Alaine Garrett	Frederick MD	2802	37	F	0.3856	38:47.9	39:04.2	0:16.3	12:31/M	20:00.9
358	Jessie Capano	Frederick MD	2905	36	F	0.3841	38:48.7	40:34.5	1:45.7	12:31/M	20:01.8
359	Carol Held	Jefferson MD	2757	47	F	0.4120	38:51.2	39:43.8	0:52.6	12:32/M	20:04.2
360	Sandra Peters	Frederick MD	2540	70	F	0.5423	38:55.6	39:15.2	0:19.6	12:33/M	20:08.6
361	Nathaniel Moore	Hagerstown MD	2610	18	M	0.3333	38:58.2	39:16.0	0:17.8	12:34/M	21:54.2
362	Bryan Bayer	Mount Airy MD	2101	51	M	0.3814	38:58.6	39:46.2	0:47.6	12:34/M	21:54.6
363	Leah Brunck	Frederick MD	2130	10	F	0.4460	38:58.8	39:56.3	0:57.4	12:34/M	20:11.8
364	Roberto Lara	Germantown MD	2680	37	M	0.3442	39:00.0	39:42.2	0:42.2	12:35/M	21:56.0
365	Lily Woodham	Frederick MD	2300	12	F	0.4224	39:01.4	39:38.4	0:36.9	12:35/M	20:14.5
366	Richard Fitzpatrick	Frederick MD	2825	48	M	0.3723	39:01.9	39:21.6	0:19.7	12:35/M	21:57.9
367	Krissey Kingsbury	Frederick MD	2299	43	F	0.3961	39:02.3	39:39.4	0:37.0	12:35/M	20:15.4
368	Yuliya Podlesny	Gaithersburg MD	2180	35	F	0.3805	39:03.9	39:06.6	0:02.7	12:36/M	20:16.9
369	Cheryl Stroup	Hanover PA	2418	51	F	0.4273	39:05.3	39:42.2	0:36.8	12:36/M	20:18.3
370	Jessica Rempe	Ijamsville MD	2510	23	F	0.3776	39:06.6	39:11.5	0:04.9	12:37/M	20:19.6
371	Teresa Fanflik	Frederick MD	2841	50	F	0.4219	39:09.6	40:52.3	1:42.6	12:38/M	20:22.7
372	Sheldon Hinegardner	Frederick MD	2211	48	M	0.3710	39:10.0	39:38.4	0:28.4	12:38/M	22:06.0
373	Maureen Cawthorne	Round Hill VA	2903	49	F	0.4171	39:11.3	40:57.5	1:46.2	12:38/M	20:24.3
374	Nancy Huddy	Burkittsville MD	2738	53	F	0.4357	39:12.2	40:58.4	1:46.1	12:39/M	20:25.3
375	Tess Blumenthal	Jefferson MD	2950	63	F	0.4905	39:13.9	39:37.6	0:23.7	12:39/M	20:26.9
376	Rebecca Culler	Frederick MD	2882	36	F	0.3798	39:15.1	39:31.6	0:16.5	12:40/M	20:28.1
377	Mark Cooke	Brunswick MD	2890	11	M	0.3801	39:15.4	40:11.8	0:56.3	12:40/M	22:11.4
378	Garrett Campbell	Mount Airy MD	2907	11	M	0.3800	39:15.6	40:12.1	0:56.5	12:40/M	22:11.6
379	Ann Noland	Adamstown MD	2565	37	F	0.3809	39:16.5	39:32.1	0:15.6	12:40/M	20:29.5
380	Heidi Howard	Frederick MD	2739	31	F	0.3760	39:16.8	40:39.3	1:22.4	12:40/M	20:29.9
381	Kaden Shrestha	Olney MD	2195	10	M	0.3951	39:17.5	39:40.5	0:22.9	12:40/M	22:13.6
382	Jeanne Wiles	New Market MD	2351	56	F	0.4498	39:18.0	40:33.7	1:15.7	12:41/M	20:31.0
383	Ryon Grau	Frederick MD	2781	42	M	0.3536	39:19.6	40:18.1	0:58.5	12:41/M	22:15.7
384	Jessica Victoria	Manchester MD	2383	34	F	0.3766	39:22.5	39:54.1	0:31.6	12:42/M	20:35.5
385	Sarah Delman	Manchester MD	2181	36	F	0.3786	39:22.6	39:53.9	0:31.2	12:42/M	20:35.7
386	Jeff Cosgrove	Middletown MD	2886	40	M	0.3472	39:29.1	40:30.8	1:01.6	12:44/M	22:25.1
387	Isaac Cosgrove	Middletown MD	2327	12	M	0.3652	39:29.3	40:30.8	1:01.4	12:44/M	22:25.3
388	Stacy Custer	Jefferson MD	2881	54	F	0.4371	39:31.1	40:43.2	1:12.1	12:45/M	20:44.1
389	Kristin Mitas	Derwood MD	2616	53	F	0.4320	39:32.4	39:32.4		12:45/M	20:45.4
390	Tresha Remsburg	Middletown MD	2509	43	F	0.3902	39:37.8	40:00.4	0:22.6	12:47/M	20:50.8
391	Carrie Hart	Middletown MD	2763	43	F	0.3901	39:38.7	40:01.5	0:22.7	12:47/M	20:51.8
392	Zaadawn Jaworski	Woodbine MD	2727	31	F	0.3722	39:40.8	40:18.7	0:37.8	12:48/M	20:53.8
393	Mandy Brubaker	Frederick MD	2924	9	F	0.4519	39:41.8	40:16.8	0:34.9	12:48/M	20:54.9
394	Heidi Brubaker	Frederick MD	2926	32	F	0.3722	39:42.5	40:17.6	0:35.1	12:48/M	20:55.5
395	Christopher Marra	Knoxville MD	2642	47	M	0.3630	39:43.8	40:22.6	0:38.7	12:49/M	22:39.8
396	Valerie Powell	Frederick MD	2526	29	F	0.3716	39:44.3	41:50.2	2:05.8	12:49/M	20:57.4
397	Jacqui Disler	Frederick MD	2865	56	F	0.4448	39:44.4	40:16.3	0:31.9	12:49/M	20:57.4
398	Jessica Clabaugh	Frederick MD	2900	44	F	0.3920	39:45.3	40:17.2	0:31.9	12:49/M	20:58.3
399	Jamie Moore	Walkersville	2609	34	M	0.3308	39:53.5	40:03.2	0:09.7	12:52/M	22:49.5
400	Julia Doto	Poolesville MD	2858	47	F	0.4008	39:56.5	41:21.4	1:24.9	12:53/M	21:09.5
401	Mona Orlando	Frederick MD	2552	48	F	0.4049	39:56.5	41:17.4	1:20.9	12:53/M	21:09.6
402	Kristen Roe	Poolesville MD	2499	44	F	0.3898	39:58.7	41:21.2	1:22.5	12:54/M	21:11.7

December 01, 2018

Overall Finish List

5K Run

Place Overall	Name	City	Bib No	Age	Gend	Age Grade	-----Total-----		Chip		
							Chip Time	Gun Time	Diff	Pace	Time Back
403	Kaylee Shipley	Westminster MD	2464	18	F	0.3699	40:05.0	40:31.3	0:26.2	12:56/M	21:18.0
404	Anna Olszewski	Frederick MD	2553	26	F	0.3680	40:07.3	41:56.2	1:48.9	12:56/M	21:20.3
405	Laurie Gibbons	Frederick MD	2307	45	F	0.3915	40:08.1	41:34.6	1:26.5	12:57/M	21:21.1
406	Ethan Pallipamula	Frederick MD	2546	12	M	0.3591	40:10.0	40:50.2	0:40.2	12:57/M	23:06.0
407	Sarah Kincaid	Frederick MD	2709	34	F	0.3690	40:10.8	40:35.1	0:24.3	12:57/M	21:23.8
408	Margo Patrick	Frederick MD	2123	61	F	0.4668	40:11.8	41:23.3	1:11.5	12:58/M	21:24.8
409	Sorayda Pitts	Frederick MD	2274	36	F	0.3707	40:12.7	40:38.2	0:25.4	12:58/M	21:25.7
410	Renee Shaffer	Thurmont MD	2467	40	F	0.3768	40:15.7	41:16.1	1:00.3	12:59/M	21:28.7
411	Erich Franck	Frederick MD	2819	30	M	0.3224	40:23.5	41:52.3	1:28.7	13:02/M	23:19.5
412	Stacey Stephens	Lovettsville VA	2430	49	F	0.4046	40:23.9	41:14.2	0:50.2	13:02/M	21:36.9
413	Andrea Barnes	Inwood WV	2973	24	F	0.3655	40:23.9	41:23.7	0:59.7	13:02/M	21:37.0
414	Dawn Ann Bambrick	Brunswick MD	2979	51	F	0.4134	40:24.1	41:13.4	0:49.3	13:02/M	21:37.1
415	Kathy Morgan	Thurmont MD	2605	52	F	0.4179	40:24.8	42:44.4	2:19.5	13:02/M	21:37.8
416	Lancey Cowan	Frederick MD	2884	49	F	0.4044	40:24.9	41:14.5	0:49.6	13:02/M	21:37.9
417	Anne Navazio	Harpers Ferry WV	2574	34	F	0.3668	40:25.3	41:32.1	1:06.7	13:02/M	21:38.4
418	Kim Fairbanks	Lovettsville VA	2842	51	F	0.4132	40:25.4	41:13.8	0:48.4	13:02/M	21:38.4
419	Pamela Dalton	Frederick MD	2877	58	F	0.4474	40:26.6	42:21.9	1:55.2	13:03/M	21:39.6
420	Quinten Oler	Frederick MD	2556	11	M	0.3684	40:29.6	42:36.3	2:06.6	13:04/M	23:25.7
421	Donna Lalli	New Market MD	2685	45	F	0.3878	40:31.0	42:16.6	1:45.6	13:04/M	21:44.1
422	Sando Bernstein	Frederick MD	2959	32	F	0.3647	40:32.0	42:19.6	1:47.6	13:05/M	21:45.1
423	Ellen Lawrence	Frederick MD	2678	43	F	0.3809	40:36.1	42:42.3	2:06.2	13:06/M	21:49.2
424	Sandy Warner	Annapolis MD	2376	65	F	0.4862	40:36.2	42:02.7	1:26.5	13:06/M	21:49.2
425	Griffin Glover	Frederick MD	2790	13	M	0.3442	40:43.7	42:01.1	1:17.3	13:08/M	23:39.8
426	Sabine Barclay	Frederick MD	2978	51	F	0.4100	40:44.3	40:50.4	0:06.1	13:08/M	21:57.3
427	Jolene Miller	Frederick MD	2617	51	F	0.4099	40:45.4	41:13.2	0:27.8	13:09/M	21:58.4
428	Anne Glover	Frederick MD	2789	46	F	0.3885	40:48.6	42:05.3	1:16.6	13:10/M	22:01.6
429	Brittany Foss	Frederick MD	2136	24	F	0.3618	40:49.0	42:28.4	1:39.4	13:10/M	22:02.0
430	Mano Pallipamula	Frederick MD	2545	45	M	0.3475	40:54.0	41:34.2	0:40.1	13:12/M	23:50.0
431	Morgan Engelhardt	Frederick MD	2846	23	F	0.3610	40:54.1	42:56.5	2:02.3	13:12/M	22:07.2
432	Kaithon McDonald	Hagerstown MD	2629	18	M	0.3174	40:55.3	41:14.4	0:19.1	13:12/M	23:51.3
433	Roy Mowery	Frederick MD	2592	55	M	0.3738	41:01.3	41:11.1	0:09.8	13:14/M	23:57.3
434	Jan Meissner	Frederick MD	2624	66	F	0.4873	41:02.8	41:51.5	0:48.6	13:14/M	22:15.8
435	Paige Baiert	Frederick MD	2119	22	F	0.3597	41:03.0	42:24.8	1:21.7	13:15/M	22:16.0
436	Jill Cameron	Frederick MD	2118	44	F	0.3796	41:03.2	42:24.7	1:21.5	13:15/M	22:16.2
437	Samantha Smith	Westminster MD	2450	47	F	0.3898	41:03.9	41:18.8	0:14.8	13:15/M	22:17.0
438	Christina Malliakos	Catonsville MD	2645	26	F	0.3595	41:04.8	41:38.5	0:33.6	13:15/M	22:17.8
439	Barbara Ernstedt	Ijamsville MD	2845	70	F	0.5139	41:04.8	41:25.7	0:20.9	13:15/M	22:17.8
440	Kathleen Reifschneider	Monrovia MD	2512	62	F	0.4624	41:05.1	41:26.0	0:20.9	13:15/M	22:18.1
441	Elizabeth Malliakos	Germantown MD	2644	31	F	0.3593	41:06.6	41:40.2	0:33.5	13:15/M	22:19.6
442	Kelly Fields	Frederick MD	2833	44	F	0.3786	41:09.4	41:54.1	0:44.6	13:16/M	22:22.5
443	Milena Grau	Frederick MD	2780	36	F	0.3620	41:10.6	42:09.2	0:58.5	13:17/M	22:23.6
444	Amanda Elliott	Middletown MD	2268	53	F	0.4148	41:10.8	41:39.3	0:28.4	13:17/M	22:23.9
445	Avhi Senthil	Frederick MD	2097	14	M	0.3321	41:13.8	41:27.3	0:13.4	13:18/M	24:09.8
446	Jennifer Pusey	Middletown MD	2521	45	F	0.3809	41:15.3	41:43.2	0:27.9	13:18/M	22:28.3
447	Karen Duffy	Emmitsburg MD	2857	44	F	0.3776	41:16.3	41:53.9	0:37.5	13:19/M	22:29.4
448	Patrick Mayer	Frederick MD	2638	38	M	0.3271	41:19.8	41:55.5	0:35.7	13:20/M	24:15.8
449	Claire Lonetto	Rockville MD	2301	36	F	0.3601	41:23.5	42:01.5	0:37.9	13:21/M	22:36.6
450	Charlotte Nelson	Bethesda MD	2115	10	F	0.4197	41:25.6	42:35.3	1:09.6	13:22/M	22:38.6
451	Tammie Workman	Frederick MD	2263	58	F	0.4368	41:25.8	42:57.7	1:31.9	13:22/M	22:38.8
452	Liene Krasta	Frederick MD	2695	45	F	0.3792	41:26.1	41:49.4	0:23.2	13:22/M	22:39.2
453	Joseph Bitto	Middletown MD	2954	40	M	0.3305	41:28.6	43:09.2	1:40.6	13:23/M	24:24.6
454	Raeann Butler	Frederick MD	2222	51	F	0.4026	41:29.6	43:37.8	2:08.2	13:23/M	22:42.7
455	Carlin Blash	Hagerstown MD	2951	15	F	0.3738	41:29.7	41:42.8	0:13.1	13:23/M	22:42.7
456	Mackenzie McCarter	Frederick MD	2636	15	F	0.3737	41:30.3	41:43.6	0:13.2	13:23/M	22:43.4
457	Katharine Alvarez	Frederick MD	2995	40	F	0.3649	41:34.3	41:49.3	0:14.9	13:25/M	22:47.4
458	Stephen Vandevander	Frederick MD	2249	50	M	0.3548	41:34.8	41:59.0	0:24.2	13:25/M	24:30.8
459	Susannah Nelson	Bethesda MD	2116	37	F	0.3592	41:39.0	42:49.3	1:10.2	13:26/M	22:52.1
460	Grant Nelson	Bethesda MD	2098	8	M	0.4122	41:39.3	42:49.1	1:09.7	13:26/M	24:35.4
461	Susan Hummel	New Windsor MD	2735	70	F	0.5067	41:39.9	43:45.4	2:05.5	13:26/M	22:52.9
462	Meagan Staton	College Park MD	2432	23	F	0.3544	41:40.0	42:42.9	1:02.9	13:26/M	22:53.1
463	Sherri Calhoun	Raleigh NC	2911	47	F	0.3838	41:42.6	42:06.3	0:23.6	13:27/M	22:55.6
464	Beth Sands	Frederick MD	2482	39	F	0.3618	41:42.8	42:02.3	0:19.5	13:27/M	22:55.8
465	Erica Gamble	Frederick MD	2808	32	F	0.3537	41:47.7	42:23.5	0:35.8	13:29/M	23:00.7
466	Ben Koshar	Frederick MD	2696	41	M	0.3299	41:51.2	42:00.7	0:09.4	13:30/M	24:47.3
467	Kevin Barnes	Frederick MD	2971	42	M	0.3322	41:51.6	42:34.2	0:42.5	13:30/M	24:47.7
468	Charlotte Strine	Monrovia MD	2421	38	F	0.3588	41:51.7	43:48.1	1:56.4	13:30/M	23:04.7
469	Jennifer Busillo	Frederick MD	2915	37	F	0.3574	41:51.7	42:37.5	0:45.7	13:30/M	23:04.7

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Overall Finish List

5K Run

Place Overall	Name	City	Bib No	Age	Gend	Age Grade	-----Total-----		Chip		
							Chip Time	Gun Time	Diff	Pace	Time Back
470	Cindy Bladey	Middletown MD	2952	60	F	0.4428	41:51.8	43:02.2	1:10.4	13:30/M	23:04.8
471	Lauree Wolford	Ijamsville MD	2340	34	F	0.3540	41:53.2	43:49.1	1:55.9	13:31/M	23:06.2
472	Stephanie Graham	Frederick MD	2782	35	F	0.3536	42:01.8	42:38.2	0:36.4	13:33/M	23:14.8
473	Katelyn Sword	Frederick MD	2470	29	F	0.3507	42:06.5	43:24.8	1:18.3	13:35/M	23:19.5
474	Daniel Perez	Frederick MD	2193	35	M	0.3149	42:06.8	42:23.5	0:16.6	13:35/M	25:02.9
475	Kelly-Ann Donovan	Jefferson MD	2859	39	F	0.3571	42:15.9	43:11.7	0:55.7	13:38/M	23:28.9
476	Marie Burnett	Frederick MD	2916	48	F	0.3823	42:18.0	43:53.5	1:35.5	13:39/M	23:31.0
477	Kira Muren	Frederick MD	2582	29	F	0.3488	42:20.1	43:56.1	1:35.9	13:39/M	23:33.2
478	Victoria Schmidgall	Frederick MD	2329	22	F	0.3471	42:32.2	43:15.4	0:43.1	13:43/M	23:45.3
479	Courtney Donovan	Mount Airy MD	2860	37	F	0.3513	42:35.0	44:09.5	1:34.5	13:44/M	23:48.0
480	Elizabeth Hahn-Dantona	Adamstown MD	2770	46	F	0.3721	42:36.3	43:28.1	0:51.8	13:45/M	23:49.3
481	Jose Torres	Frederick MD	2117	45	M	0.3321	42:47.6	44:37.3	1:49.6	13:48/M	25:43.6
482	Marc Frankenberry	Frederick MD	2818	46	M	0.3345	42:47.8	43:16.2	0:28.3	13:48/M	25:43.9
483	Jeanette Novak	Damascus MD	2564	74	F	0.5217	42:50.6	42:55.5	0:04.8	13:49/M	24:03.7
484	Cyndie Fleagle	Waynesboro PA	2823	44	F	0.3616	43:05.7	43:33.3	0:27.6	13:54/M	24:18.7
485	Derek Bazinet	Germantown MD	2967	10	M	0.3602	43:06.2	43:57.1	0:50.9	13:54/M	26:02.2
486	Sarada Mukkamalla	Frederick MD	2584	38	F	0.3484	43:06.7	43:42.5	0:35.8	13:54/M	24:19.7
487	Dayanand Kondabathini	Frederick MD	2700	44	M	0.3272	43:07.2	43:18.7	0:11.5	13:55/M	26:03.2
488	Destinee Kreis	Mount Airy MD	2694	27	F	0.3416	43:13.9	45:20.2	2:06.2	13:56/M	24:27.0
489	Priscilla Gyimah	Frederick MD	2146	20	F	0.3415	43:14.7	44:17.2	1:02.5	13:57/M	24:27.7
490	Tara Hunt	Frederick MD	2733	38	F	0.3473	43:14.9	45:21.2	2:06.2	13:57/M	24:27.9
491	Tara Glenday	Thurmont MD	2791	29	F	0.3410	43:17.9	44:00.7	0:42.8	13:58/M	24:30.9
492	George Whorral	Frederick MD	2353	45	M	0.3264	43:32.7	45:29.6	1:56.9	14:03/M	26:28.7
493	Jill O'Rourke	Reston VA	2551	39	F	0.3462	43:35.6	44:02.5	0:26.9	14:04/M	24:48.6
494	Jessica Zambreny	Frederick MD	2246	25	F	0.3387	43:35.8	43:44.5	0:08.7	14:04/M	24:48.8
495	Amanda Konkus	Ranson WV	2698	39	F	0.3458	43:38.7	45:46.3	2:07.5	14:05/M	24:51.7
496	Clint Naugle	Harpers Ferry WV	2575	39	M	0.3119	43:38.7	45:46.5	2:07.8	14:05/M	26:34.7
497	Jennifer Bazinet	Germantown MD	2968	34	F	0.3395	43:40.6	44:30.6	0:49.9	14:05/M	24:53.7
498	Mark Southwell	Frederick MD	2438	53	M	0.3443	43:51.2	44:19.9	0:28.7	14:09/M	26:47.2
499	Marsha Case	Knoxville MD	2277	50	F	0.3756	43:59.2	45:11.1	1:11.9	14:11/M	25:12.3
500	Lynn Briscoe	Frederick MD	2935	40	F	0.3444	44:03.0	44:22.2	0:19.1	14:13/M	25:16.0
501	Jeff Wingard	Leesburg VA	2347	50	M	0.3345	44:06.0	45:53.1	1:47.1	14:14/M	27:02.0
502	Renee Fitzgerald	Thurmont MD	2826	56	F	0.4003	44:09.7	44:54.1	0:44.4	14:15/M	25:22.7
503	Debbie Bofinger	New Market MD	2948	61	F	0.4248	44:10.7	44:22.2	0:11.5	14:15/M	25:23.7
504	Susan Springer	Thurmont MD	2435	54	F	0.3908	44:12.5	44:24.1	0:11.6	14:15/M	25:25.5
505	Delyn Williams	Frederick MD	2350	17	M	0.2960	44:12.6	44:45.9	0:33.2	14:15/M	27:08.7
506	John Arnold	Frederick MD	2266	55	M	0.3468	44:12.9	44:29.8	0:16.8	14:15/M	27:08.9
507	Terry Trimble	Frederick MD	2396	55	M	0.3463	44:16.9	45:56.4	1:39.5	14:17/M	27:12.9
508	Nancy Pfeil	Frederick MD	2537	70	F	0.4764	44:18.6	44:23.3	0:04.6	14:17/M	25:31.6
509	Logan Mouk	Chambersburg PA	2595	9	M	0.3666	44:21.9	46:01.7	1:39.8	14:18/M	27:17.9
510	Tara Mouk	Chambersburg PA	2596	35	F	0.3348	44:23.2	46:02.5	1:39.2	14:19/M	25:36.3
511	Emma Broussard	Frederick MD	2932	16	F	0.3434	44:25.5	44:45.3	0:19.7	14:20/M	25:38.5
512	Justyn O'Green	Frederick MD	2557	39	F	0.3390	44:30.8	45:59.5	1:28.6	14:21/M	25:43.9
513	Richard Kuhn	Thurmont MD	2691	38	M	0.3031	44:36.0	46:04.6	1:28.6	14:23/M	27:32.0
514	Margaret Powell	Mount Airy MD	2525	51	F	0.3740	44:39.8	45:56.7	1:16.9	14:24/M	25:52.8
515	Tabitha Razunguzwa	Brunswick MD	2515	42	F	0.3436	44:41.7	46:34.2	1:52.4	14:25/M	25:54.8
516	Bassant Kadry	Frederick MD	2720	38	F	0.3360	44:41.9	46:01.5	1:19.6	14:25/M	25:54.9
517	Stefani Bon	Frederick MD	2943	41	F	0.3407	44:47.2	44:53.9	0:06.6	14:27/M	26:00.3
518	Pamela Owen	Silver Spring MD	2547	73	F	0.4915	44:49.2	45:32.5	0:43.3	14:27/M	26:02.2
519	Amanda Tanguay	Mount Airy MD	2411	39	F	0.3343	45:08.3	45:15.9	0:07.5	14:34/M	26:21.4
520	Aiden Tanguay	Mount Airy MD	2410	7	M	0.4050	45:08.4	45:16.3	0:07.8	14:34/M	28:04.5
521	Monique Mullaney	Adamstown MD	2583	50	F	0.3653	45:13.5	45:59.1	0:45.5	14:35/M	26:26.6
522	Charlie Alt	Ijamsville MD	2104	9	M	0.3596	45:13.7	45:26.5	0:12.8	14:35/M	28:09.7
523	Michelle Whitfield	Frederick MD	2355	37	F	0.3305	45:15.6	45:41.4	0:25.7	14:36/M	26:28.7
524	Ricky Ade	Frederick MD	2172	33	M	0.2902	45:15.9	45:36.7	0:20.7	14:36/M	28:11.9
525	Dana Austin	Thurmont MD	2985	46	F	0.3502	45:16.4	46:15.8	0:59.3	14:36/M	26:29.5
526	Sandra Campbell	Harpers Ferry WV	2908	59	F	0.4045	45:16.5	47:24.7	2:08.2	14:36/M	26:29.5
527	Catherine Naugle	Harpers Ferry WV	2576	14	F	0.3486	45:17.7	47:25.5	2:07.8	14:36/M	26:30.7
528	Melissa Hersey	Frederick MD	2754	44	F	0.3438	45:19.2	47:10.9	1:51.7	14:37/M	26:32.2
529	Grace May	Frederick MD	2308	8	F	0.4094	45:21.0	46:35.6	1:14.6	14:38/M	26:34.1
530	Donald Peart	Frederick MD	2541	43	M	0.3083	45:25.6	45:58.5	0:32.8	14:39/M	28:21.7
531	Sarah Alt	Ijamsville MD	2112	43	F	0.3402	45:27.1	45:40.3	0:13.1	14:40/M	26:40.1
532	Aeher Darwish	Frederick MD	2253	34	F	0.3251	45:36.3	46:39.1	1:02.8	14:43/M	26:49.3
533	Christopher McCormack	Frederick MD	2633	52	M	0.3283	45:37.4	46:15.4	0:37.9	14:43/M	28:33.5
534	Patti Burkhardt	Frederick MD	2917	55	F	0.3816	45:47.4	47:23.3	1:35.9	14:46/M	27:00.5
535	Mariam Manukyan	Abbotstown PA	2177	54	F	0.3753	46:01.4	46:58.9	0:57.4	14:51/M	27:14.5
536	Marrah Bailey	Walkersville	2981	37	F	0.3246	46:05.3	46:59.1	0:53.8	14:52/M	27:18.3

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Overall Finish List

5K Run

Place Overall	Name	City	Bib No	Age	Gend	Age Grade	-----Total-----		Chip		
							Chip Time	Gun Time	Diff	Pace	Time Back
537	Kelley Baccellieri	Frederick MD	2984	35	F	0.3224	46:06.3	47:01.0	0:54.7	14:52/M	27:19.4
538	Lois Reisinger	Frederick MD	2511	61	F	0.4064	46:10.5	47:05.2	0:54.7	14:54/M	27:23.5
539	Ismar Yopez	Frederick MD	2321	43	F	0.3347	46:12.1	47:57.4	1:45.3	14:54/M	27:25.1
540	Sarah Campbell	Mount Airy MD	2909	36	F	0.3225	46:13.0	47:08.3	0:55.3	14:55/M	27:26.1
541	Sylvia BOWENS	1748 Carriage Way	2230	73	F	0.4766	46:13.3	47:04.5	0:51.2	14:55/M	27:26.3
542	Sara Cooke	Brunswick MD	2889	31	F	0.3189	46:18.7	47:13.7	0:54.9	14:56/M	27:31.8
543	Briana Butler	Brunswick MD	2914	10	F	0.3754	46:19.0	47:13.8	0:54.7	14:56/M	27:32.0
544	Ann Fritton	Frederick MD	2814	34	F	0.3190	46:29.2	47:06.7	0:37.4	15:00/M	27:42.3
545	Vickie Garcia	Frederick MD	2805	48	F	0.3470	46:36.3	47:14.5	0:38.2	15:02/M	27:49.3
546	Anthony Bellamy	Frederick MD	2961	40	M	0.2934	46:43.3	48:43.5	2:00.2	15:04/M	29:39.3
547	Karina Ortiz	Frederick MD	2170	31	F	0.3161	46:43.3	48:03.4	1:20.0	15:04/M	27:56.3
548	Carolina Diaz	Frederick MD	2153	23	F	0.3160	46:43.9	48:47.4	2:03.5	15:04/M	27:56.9
549	Jenna Stephen	Frederick MD	2431	33	F	0.3167	46:44.2	48:21.9	1:37.6	15:05/M	27:57.3
550	Benjamin Asbury	Jefferson MD	2990	39	M	0.2908	46:48.5	48:42.5	1:53.9	15:06/M	29:44.5
551	Anthony Taylor	Union Bridge MD	2409	33	M	0.2797	46:58.7	47:16.3	0:17.6	15:09/M	29:54.7
552	Christine Mosher	Frederick MD	2601	39	F	0.3204	47:06.2	47:35.4	0:29.2	15:12/M	28:19.3
553	Steve Vinson	Burkittsville MD	2163	42	M	0.2951	47:07.4	47:20.5	0:13.1	15:12/M	30:03.4
554	Vickie Kane	Boonsboro MD	2717	58	F	0.3839	47:08.5	47:50.2	0:41.7	15:12/M	28:21.5
555	Xena Badou-James	Frederick MD	2982	8	F	0.3935	47:11.1	1:07:16.3	20:05.2	15:13/M	28:24.1
556	Anne Badou-James	Frederick MD	2983	32	F	0.3132	47:11.4	1:07:16.1	20:04.7	15:13/M	28:24.4
557	Yasmina Lowther	Frederick MD	2654	15	F	0.3279	47:18.5	48:46.2	1:27.7	15:15/M	28:31.5
558	Michelle Lane	New Market MD	2682	48	F	0.3409	47:25.9	48:59.8	1:33.8	15:18/M	28:38.9
559	Jamie Smith	Walkersville MD	2449	39	F	0.3181	47:26.1	48:59.3	1:33.2	15:18/M	28:39.1
560	Craig Lowther	Urbana MD	2227	58	M	0.3311	47:27.0	48:55.2	1:28.2	15:18/M	30:23.0
561	Denise Rosales	Frederick MD	2493	41	F	0.3208	47:33.3	49:31.2	1:57.9	15:20/M	28:46.4
562	Danielle Ault	Hagerstown MD	2986	44	F	0.3276	47:34.0	49:31.2	1:57.1	15:21/M	28:47.1
563	Ryan Dinges	Jefferson MD	2867	20	M	0.2720	47:43.9	48:31.2	0:47.2	15:24/M	30:40.0
564	Alina Oliva	Frederick MD	2554	49	F	0.3424	47:44.2	49:33.1	1:48.8	15:24/M	28:57.3
565	Jason Lininger	Walkersville	2660	44	M	0.2952	47:47.9	49:00.8	1:12.9	15:25/M	30:43.9
566	Lon Wang	Arlington VA	2378	33	M	0.2743	47:53.8	49:47.5	1:53.7	15:27/M	30:49.8
567	Kari Vasicek	Bethesda MD	2387	36	F	0.3109	47:56.4	49:48.7	1:52.3	15:28/M	29:09.4
568	Jordyn Smith	Frederick MD	2152	23	F	0.3079	47:58.0	49:02.8	1:04.8	15:28/M	29:11.0
569	Julie Odland	Frederick MD	2559	49	F	0.3406	47:59.0	48:27.8	0:28.7	15:29/M	29:12.0
570	Rachel Sherman	Damascus MD	2173	8	F	0.3864	48:02.8	48:07.3	0:04.4	15:30/M	29:15.8
571	Charles Sherman	Gaithersburg MD	2174	70	M	0.3634	48:03.5	48:07.2	0:03.6	15:30/M	30:59.5
572	Carole White	Clarksville MD	2357	52	F	0.3512	48:05.6	49:12.7	1:07.0	15:31/M	29:18.6
573	Katie Holder	Frederick MD	2746	7	F	0.3993	48:17.7	49:45.5	1:27.7	15:35/M	29:30.7
574	Cheryl Holder	Frederick MD	2747	40	F	0.3138	48:20.8	49:46.7	1:25.8	15:35/M	29:33.9
575	Russell Johnson	Gaithersburg MD	2725	39	M	0.2813	48:23.5	49:47.7	1:24.2	15:36/M	31:19.5
576	Ben Pogue	Frederick MD	2533	42	M	0.2872	48:24.9	49:31.2	1:06.3	15:37/M	31:20.9
577	Jennifer Stotler	Frederick MD	2422	27	F	0.3047	48:27.5	50:33.0	2:05.5	15:38/M	29:40.5
578	April Poole	Brunswick MD	2532	36	F	0.3073	48:30.2	50:08.7	1:38.5	15:39/M	29:43.2
579	Allison Delareza	Frederick MD	2320	12	F	0.3389	48:38.7	50:24.2	1:45.4	15:41/M	29:51.7
580	Michelle Isaacura	Brunswick MD	2225	11	F	0.3474	48:39.8	50:25.1	1:45.3	15:42/M	29:52.8
581	Meredith McAdam	Frederick MD	2276	51	F	0.3428	48:43.5	49:40.7	0:57.2	15:43/M	29:56.5
582	Pam Ritmiller	Frederick MD	2154	59	F	0.3756	48:45.8	49:44.7	0:58.9	15:44/M	29:58.8
583	Tristan Marshall	Frederick MD	2640	7	M	0.3745	48:48.7	49:23.2	0:34.4	15:45/M	31:44.7
584	Timothy Kelly	Brunswick MD	2712	42	M	0.2848	48:49.0	50:47.5	1:58.4	15:45/M	31:45.1
585	Aisha Smith	Frederick MD	2447	7	F	0.3948	48:50.3	49:23.7	0:33.3	15:45/M	30:03.4
586	Mike Fanning	Frederick MD	2839	47	M	0.2951	48:52.2	49:42.7	0:50.5	15:46/M	31:48.2
587	Kavitha Reddy	Frederick MD	2514	49	F	0.3340	48:56.2	49:29.8	0:33.6	15:47/M	30:09.2
588	Ysmerly Yopez	Brunswick MD	2334	45	F	0.3209	48:58.1	50:43.7	1:45.6	15:48/M	30:11.1
589	Brittany Auel	Jefferson MD	2988	21	F	0.3015	48:59.0	49:50.6	0:51.6	15:48/M	30:12.0
590	Kari Auel	Jefferson MD	2989	48	F	0.3301	48:59.0	49:50.2	0:51.1	15:48/M	30:12.1
591	Adrieann Albright	Frederick MD	2997	38	F	0.3061	49:03.8	50:23.3	1:19.5	15:49/M	30:16.8
592	George Auel	Jefferson MD	2987	51	M	0.3027	49:06.4	49:51.2	0:44.7	15:50/M	32:02.5
593	Amy Dinges	Jefferson MD	2866	47	F	0.3259	49:07.4	49:56.3	0:48.9	15:51/M	30:20.4
594	Cassandra Russo	Jefferson MD	2488	44	F	0.3172	49:07.6	49:56.4	0:48.8	15:51/M	30:20.6
595	Eva Mueller	Walkersville	2270	9	F	0.3650	49:09.0	50:20.5	1:11.4	15:51/M	30:22.0
596	Jill Waltz	Walkersville MD	2379	41	F	0.3104	49:09.4	50:21.1	1:11.6	15:51/M	30:22.5
597	Jennifer Kelly	Brunswick MD	2711	40	F	0.3083	49:12.8	51:12.2	1:59.4	15:52/M	30:25.8
598	Ashley Earls	Walkersville	2852	34	F	0.3011	49:14.8	49:33.9	0:19.1	15:53/M	30:27.8
599	Guiliana Amaya	Frederick MD	2993	8	F	0.3769	49:15.1	50:20.9	1:05.7	15:53/M	30:28.2
600	Brenda Amaya	Frederick MD	2994	35	F	0.3016	49:16.8	50:23.3	1:06.4	15:54/M	30:29.9
601	Kelsi White	Frederick MD	2356	8	F	0.3767	49:17.2	50:22.8	1:05.6	15:54/M	30:30.2
602	Emmy Shipley	Westminster MD	2463	16	F	0.3094	49:18.5	49:44.3	0:25.7	15:54/M	30:31.6
603	Kristin Wissig	Sykesville MD	2343	38	F	0.3046	49:18.6	49:44.4	0:25.8	15:54/M	30:31.6

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Overall Finish List

5K Run

Place Overall	Name	City	Bib No	Age	Gend	Age Grade	-----Total-----		Chip		
							Chip Time	Gun Time	Diff	Pace	Time Back
604	Deneen Mattocks	Frederick MD	2319	54	F	0.3501	49:20.3	51:34.1	2:13.7	15:55/M	30:33.4
605	Lily Wissig	Sykesville MD	2342	7	F	0.3905	49:22.4	49:50.1	0:27.7	15:55/M	30:35.4
606	Jennifer Shipley	Westminster MD	2462	47	F	0.3242	49:22.4	49:49.1	0:26.7	15:55/M	30:35.4
607	Angela Dallavalle	Thurmont MD	2879	32	F	0.2993	49:22.8	50:31.8	1:08.9	15:55/M	30:35.8
608	Mia Dallavalle	Thurmont MD	2878	8	F	0.3757	49:25.1	50:31.8	1:06.6	15:56/M	30:38.2
609	Akila Nayak	Gaithersburg MD	2573	51	F	0.3377	49:28.3	51:30.2	2:01.9	15:57/M	30:41.3
610	Annie Chavent	Frederick MD	2114	30	F	0.2976	49:37.1	50:56.4	1:19.2	16:00/M	30:50.1
611	Jacob Le	Frederick MD	2674	9	M	0.3277	49:37.7	50:24.2	0:46.5	16:00/M	32:33.7
612	Justin Hinkhaus	Brunswick MD	2748	29	M	0.2619	49:38.3	51:28.2	1:49.9	16:01/M	32:34.3
613	Natalie Rooney	Adamstown MD	2494	43	F	0.3115	49:38.4	50:24.9	0:46.5	16:01/M	30:51.4
614	Ally House	Hagerstown MD	2741	16	F	0.3067	49:44.1	49:57.4	0:13.2	16:03/M	30:57.1
615	Rob Murray	Brunswick MD	2580	42	M	0.2792	49:48.1	50:51.8	1:03.6	16:04/M	32:44.2
616	Robert Stevenson	Thurmont MD	2428	35	M	0.2652	49:59.8	51:48.2	1:48.3	16:07/M	32:55.9
617	Jessica Ali	Frederick MD	2171	30	F	0.2953	49:59.9	51:22.2	1:22.2	16:07/M	31:13.0
618	Melanie MacUch	Westminster MD	2648	44	F	0.3116	50:01.0	50:21.7	0:20.6	16:08/M	31:14.1
619	Senthil Ramaswamy	Frederick MD	2518	43	M	0.2800	50:01.6	50:16.5	0:14.8	16:08/M	32:57.6
620	Tasheena Groomes	Frederick MD	2776	31	F	0.2952	50:01.7	51:21.5	1:19.8	16:08/M	31:14.7
621	Joelle Miller	Frederick MD	2620	41	F	0.3047	50:04.6	51:29.5	1:24.9	16:09/M	31:17.6
622	Kristina Shipyan	Germantown MD	2461	32	F	0.2951	50:04.9	51:05.3	1:00.3	16:09/M	31:18.0
623	Jessica Barnes	Frederick MD	2974	28	F	0.2948	50:05.0	51:05.3	1:00.2	16:09/M	31:18.0
624	Kimberly Appleby	New Windsor MD	2991	42	F	0.3056	50:14.6	50:35.3	0:20.6	16:12/M	31:27.7
625	Victor Torres	Frederick MD	2219	36	M	0.2645	50:26.2	50:48.1	0:21.9	16:16/M	33:22.2
626	Gretchen Kannegiesser	Brunswick MD	2716	46	F	0.3135	50:34.1	52:32.3	1:58.2	16:19/M	31:47.1
627	Christopher Dantona	Adamstown MD	2876	46	M	0.2831	50:34.4	51:26.3	0:51.8	16:19/M	33:30.4
628	Freddie Garcia	Frederick MD	2807	58	M	0.3101	50:39.0	51:18.5	0:39.4	16:20/M	33:35.1
629	Emily Garguilo`	Frederick MD	2803	22	F	0.2914	50:40.5	52:48.3	2:07.8	16:21/M	31:53.5
630	Wendy Thompson	Greencastle PA	2399	62	F	0.3747	50:42.1	52:50.7	2:08.6	16:21/M	31:55.1
631	Margaret Garguilo	Frederick MD	2804	56	F	0.3485	50:43.6	52:51.2	2:07.6	16:22/M	31:56.7
632	Alisha Vaughn	Frederick MD	2386	33	F	0.2914	50:47.8	52:45.3	1:57.4	16:23/M	32:00.8
633	Tina Barnes	Inwood WV	2970	56	F	0.3473	50:53.4	51:54.9	1:01.4	16:25/M	32:06.4
634	Sunita Joshi-Taylor	Silver Spring MD	2254	44	F	0.3054	51:01.9	51:25.5	0:23.5	16:27/M	32:14.9
635	Hagere Temesgen	Frederick MD	2405	40	F	0.2972	51:02.3	52:26.1	1:23.8	16:28/M	32:15.3
636	Laylah Hagood	Adamstown MD	2202	9	F	0.3507	51:09.0	52:47.2	1:38.2	16:30/M	32:22.0
637	Wanita Hyman	Frederick MD	2150	28	F	0.2877	51:19.2	53:06.5	1:47.3	16:33/M	32:32.2
638	Salita Robinson	Frederick MD	2151	28	F	0.2876	51:20.4	53:08.7	1:48.3	16:34/M	32:33.4
639	Jeane Woods	Thurmont MD	2168	36	F	0.2903	51:21.0	52:51.8	1:30.7	16:34/M	32:34.1
640	Shannon Wetzel	Thurmont MD	2182	41	F	0.2970	51:22.3	52:52.2	1:29.9	16:34/M	32:35.3
641	Kristen Rowan	Brunswick MD	2490	35	F	0.2892	51:23.9	51:47.6	0:23.6	16:35/M	32:36.9
642	Shannon House	Thurmont MD	2740	35	F	0.2889	51:26.5	52:30.4	1:03.9	16:35/M	32:39.5
643	Victor Willingham	Germantown MD	2126	40	M	0.2663	51:28.6	52:09.5	0:40.8	16:36/M	34:24.6
644	Amanda McCole	Frederick MD	2634	29	F	0.2858	51:40.5	51:48.4	0:07.9	16:40/M	32:53.5
645	Carey Murphy	Frederick MD	2581	43	F	0.2985	51:48.7	53:16.6	1:27.9	16:43/M	33:01.7
646	Travis Devine	Frederick MD	2167	40	M	0.2646	51:48.8	52:55.9	1:07.0	16:43/M	34:44.8
647	Aimee Strosnider	Wake Forest NC	2419	34	F	0.2853	51:58.4	53:52.3	1:53.9	16:46/M	33:11.4
648	Trish Bates	New Market MD	2969	37	F	0.2878	51:58.6	53:52.5	1:53.9	16:46/M	33:11.6
649	Joshua Segura	Frederick MD	2197	10	M	0.2985	52:00.6	52:23.2	0:22.6	16:46/M	34:56.6
650	Miss Shannon Parnell	Clarksburg MD	2542	46	F	0.3046	52:02.6	53:32.3	1:29.6	16:47/M	33:15.6
651	Melissa Hawkins	Frederick MD	2761	34	F	0.2846	52:06.1	53:59.6	1:53.4	16:48/M	33:19.2
652	Arthur Christman	Jefferson MD	2901	50	M	0.2830	52:07.1	52:20.7	0:13.6	16:49/M	35:03.1
653	Laura Bellucci	Frederick MD	2234	33	F	0.2839	52:07.6	53:58.4	1:50.7	16:49/M	33:20.7
654	Rachel Poole	Frederick MD	2530	8	F	0.3557	52:11.9	53:18.5	1:06.5	16:50/M	33:25.0
655	Sharon Poole	Frederick MD	2531	50	F	0.3165	52:12.5	53:19.7	1:07.1	16:50/M	33:25.6
656	Theresa Frisch	Frederick MD	2815	35	F	0.2845	52:14.1	52:52.7	0:38.6	16:51/M	33:27.1
657	Matthew Fogelson	Frederick MD	2822	43	M	0.2681	52:14.7	52:53.1	0:38.4	16:51/M	35:10.7
658	Ashlyn Cohill	Frederick MD	2896	29	F	0.2817	52:25.1	53:48.9	1:23.7	16:55/M	33:38.1
659	Hailey Wright	Adamstown MD	2335	5	F	0.4013	52:29.7	53:43.5	1:13.8	16:56/M	33:42.7
660	Kevin Wright	Adamstown MD	2338	40	M	0.2611	52:30.2	53:44.3	1:14.0	16:56/M	35:26.2
661	Heather Stickley	Frederick MD	2427	35	F	0.2830	52:31.1	53:42.8	1:11.6	16:56/M	33:44.1
662	Sabrina Le	Frederick MD	2673	6	F	0.3826	52:33.3	53:20.5	0:47.2	16:57/M	33:46.3
663	Heather Bohn	Brunswick MD	2947	38	F	0.2857	52:33.9	54:27.1	1:53.2	16:57/M	33:47.0
664	Lisa Frye	Germantown MD	2813	36	F	0.2835	52:34.9	54:07.8	1:32.8	16:57/M	33:48.0
665	Catherine Le	Frederick MD	2675	45	F	0.2988	52:35.1	53:21.1	0:45.9	16:58/M	33:48.2
666	Amelia Heck	Brunswick MD	2759	38	F	0.2851	52:41.2	54:38.6	1:57.4	17:00/M	33:54.3
667	Sally Warner	Jefferson MD	2372	4	F	0	52:43.7	53:45.2	1:01.5	17:00/M	33:56.7
668	Andrew Warner	Jefferson MD	2375	45	M	0.2695	52:44.1	53:45.6	1:01.5	17:01/M	35:40.1
669	Juliana Woodcock	Columbia MD	2339	54	F	0.3275	52:45.0	54:49.6	2:04.5	17:01/M	33:58.0
670	Hannah Klipp	Frederick MD	2706	23	F	0.2795	52:49.4	53:31.1	0:41.7	17:02/M	34:02.4

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Overall Finish List

5K Run

Place Overall	Name	City	Bib No	Age	Gend	Age Grade	-----Total-----		Chip		
							Chip Time	Gun Time	Diff	Pace	Time Back
671	Misty Miller	Point Of Rocks MD	2619	39	F	0.2853	52:54.2	53:55.9	1:01.6	17:04/M	34:07.2
672	Brittney Palmer	Frederick MD	2544	31	F	0.2790	52:55.9	53:29.3	0:33.3	17:04/M	34:09.0
673	Rita Warner	Jefferson MD	2373	39	F	0.2851	52:56.0	53:57.8	1:01.7	17:05/M	34:09.0
674	Tihun Oler	Frederick MD	2555	9	F	0.3386	52:58.3	55:04.7	2:06.4	17:05/M	34:11.3
675	Monica Robyns	Frederick MD	2501	43	F	0.2917	53:00.4	53:09.7	0:09.2	17:06/M	34:13.5
676	Rita Darko	Frederick MD	2113	35	F	0.2804	53:00.6	54:03.1	1:02.5	17:06/M	34:13.6
677	Sarah Finneyrock	Brunswick MD	2252	28	F	0.2783	53:03.5	55:03.1	1:59.6	17:07/M	34:16.5
678	Radhika Kondabathini	Frederick MD	2699	41	F	0.2857	53:23.7	54:19.1	0:55.3	17:13/M	34:36.8
679	Nichole Ecton	Hagerstown MD	2142	27	F	0.2762	53:27.8	54:08.6	0:40.7	17:15/M	34:40.8
680	Melissa Lawrence	Frederick MD	2677	38	F	0.2809	53:28.1	55:34.4	2:06.2	17:15/M	34:41.2
681	Riann Heflin	Walkersville MD	2317	40	F	0.2831	53:35.1	54:02.5	0:27.4	17:17/M	34:48.1
682	Sarah Bradshaw	New Market MD	2313	29	F	0.2756	53:35.1	54:02.7	0:27.6	17:17/M	34:48.1
683	Jasmine Rivera	Jefferson MD	2502	25	F	0.2754	53:36.9	54:32.5	0:55.5	17:17/M	34:50.0
684	Jesse Markham	Point Of Rocks MD	2314	41	M	0.2574	53:38.4	54:29.3	0:50.9	17:18/M	36:34.4
685	Julie Simmons	Frederick MD	2458	61	F	0.3495	53:41.7	54:50.4	1:08.7	17:19/M	34:54.7
686	James Morton	Adamstown MD	2602	47	M	0.2682	53:46.6	54:16.8	0:30.2	17:21/M	36:42.6
687	Chelsea Moyer	Frederick MD	2590	24	F	0.2746	53:47.0	55:20.8	1:33.8	17:21/M	35:00.0
688	Jason Montgomery	Frederick MD	2612	40	M	0.2547	53:49.5	55:49.2	1:59.7	17:22/M	36:45.5
689	Patricia Odinnell	Ellicott City MD	2560	59	F	0.3357	54:33.4	56:29.5	1:56.1	17:36/M	35:46.4
690	Melissa Sites	Frederick MD	2456	51	F	0.3054	54:42.0	56:04.8	1:22.7	17:39/M	35:55.0
691	Stephanie Schwartz	Frederick MD	2474	53	F	0.3122	54:42.8	56:05.2	1:22.4	17:39/M	35:55.8
692	Robert Ebbin	Clarksburg MD	2850	53	M	0.2750	54:53.4	56:45.5	1:52.1	17:42/M	37:49.4
693	Chris Cook	Brunswick MD	2892	37	M	0.2445	54:53.6	56:19.2	1:25.6	17:42/M	37:49.6
694	Amy Thompson	Jefferson MD	2398	29	F	0.2688	54:56.4	56:19.2	1:22.8	17:43/M	36:09.4
695	Stacey Collins	Frederick MD	2223	51	F	0.3023	55:15.9	57:24.9	2:08.9	17:49/M	36:29.0
696	Stephanie Duncombe	Frederick MD	2298	45	F	0.2843	55:16.1	55:53.7	0:37.6	17:50/M	36:29.2
697	Mark Farley	Walkersville MD	2125	31	M	0.2361	55:17.5	56:35.6	1:18.1	17:50/M	38:13.5
698	Rose Butt	Charles Town WV	2251	33	F	0.2675	55:19.9	56:20.4	1:00.5	17:51/M	36:33.0
699	Natalie McDonald	Walkersville MD	2121	30	F	0.2667	55:21.9	56:35.6	1:13.7	17:51/M	36:34.9
700	Melissa Fanning	Frederick MD	2840	46	F	0.2859	55:27.7	56:22.5	0:54.7	17:53/M	36:40.8
701	Jackson Fanning	Frederick MD	2838	10	M	0.2799	55:28.0	56:22.1	0:54.1	17:54/M	38:24.0
702	Karyn Snyder	Martinsburg WV	2441	31	F	0.2657	55:34.7	57:14.5	1:39.8	17:55/M	36:47.7
703	Jon Freer	Frederick MD	2817	44	M	0.2534	55:40.0	57:16.8	1:36.7	17:57/M	38:36.1
704	Diego Moreno	Frederick MD	2606	35	M	0.2380	55:43.4	57:25.3	1:41.8	17:58/M	38:39.4
705	Amanda Singer	Germantown MD	2326	21	F	0.2636	56:00.9	56:44.5	0:43.6	18:04/M	37:13.9
706	Alex Hayes	Frederick MD	2294	44	M	0.2518	56:01.6	58:03.5	2:01.9	18:04/M	38:57.6
707	Tori Shemer		2141	14	F	0.2808	56:14.1	57:34.8	1:20.6	18:08/M	37:27.1
708	Judith Rogers	Frederick MD	2497	59	F	0.3241	56:30.2	58:15.8	1:45.5	18:14/M	37:43.2
709	Stacy Kohan	New Market MD	2292	50	F	0.2921	56:34.1	58:22.5	1:48.4	18:15/M	37:47.1
710	Jeffrey Kohan	New Market MD	2293	52	M	0.2648	56:34.7	58:23.2	1:48.4	18:15/M	39:30.8
711	Arthur Rogers	Frederick MD	2498	59	M	0.2797	56:37.7	58:25.5	1:47.8	18:16/M	39:33.7
712	Brendon Natesa	Adamstown MD	2106	7	M	0.3227	56:38.7	58:13.7	1:35.0	18:16/M	39:34.7
713	Nicholas Natesa	Adamstown MD	2107	38	M	0.2385	56:40.3	58:15.4	1:35.1	18:17/M	39:36.3
714	Lori Evans	Frederick MD	2843	54	F	0.3048	56:40.4	58:16.8	1:36.3	18:17/M	37:53.5
715	Susan Natesa	Adamstown MD	2108	38	F	0.2650	56:40.4	58:15.2	1:34.7	18:17/M	37:53.5
716	Ruthanna Fouche	Thurmont MD	2140	7	F	0.3400	56:43.0	58:48.5	2:05.4	18:18/M	37:56.0
717	Juliet Natesa	Adamstown MD	2105	5	F	0.3709	56:47.8	58:22.5	1:34.7	18:19/M	38:00.8
718	Shannon Geger	Adamstown MD	2799	42	F	0.2696	56:57.2	58:29.4	1:32.1	18:22/M	38:10.2
719	Tracy Porter	Adamstown MD	2529	47	F	0.2808	57:00.2	58:31.8	1:31.5	18:23/M	38:13.2
720	Jaclyn Muir	Brunswick MD	2585	31	F	0.2585	57:07.7	59:07.2	1:59.5	18:25/M	38:20.8
721	Lorraine Ebbin	Clarksburg MD	2851	54	F	0.3024	57:07.8	59:07.2	1:59.4	18:25/M	38:20.8
722	Karen Burdette	Frederick MD	2919	50	F	0.2891	57:08.8	58:41.3	1:32.5	18:26/M	38:21.8
723	Karen Lemasters	Jefferson MD	2667	53	F	0.2989	57:09.2	58:41.1	1:31.9	18:26/M	38:22.2
724	Mary Geasey	Myersville MD	2129	36	F	0.2607	57:10.5	58:43.2	1:32.6	18:26/M	38:23.5
725	Julie Littrell	Middletown MD	2658	52	F	0.2953	57:11.8	58:42.5	1:30.7	18:27/M	38:24.8
726	Sasha Wright	Adamstown MD	2337	38	F	0.2625	57:12.7	58:25.3	1:12.5	18:27/M	38:25.8
727	Ethan Wright	Adamstown MD	2336	10	M	0.2713	57:13.3	58:25.9	1:12.5	18:27/M	40:09.4
728	Amber Gouge	Frederick MD	2783	39	F	0.2623	57:31.6	58:45.2	1:13.5	18:33/M	38:44.7
729	Britney Fouche	Walkersville MD	2821	33	F	0.2569	57:36.8	59:41.5	2:04.7	18:35/M	38:49.8
730	Eric Calhoun	Raleigh NC	2910	9	M	0.2823	57:37.1	58:01.5	0:24.4	18:35/M	40:33.1
731	Kathleen Wertz	Taneytown MD	2364	36	F	0.2582	57:44.5	58:52.2	1:07.7	18:37/M	38:57.5
732	Lisa Sandlin	Frederick MD	2483	36	F	0.2581	57:45.3	58:52.2	1:06.9	18:38/M	38:58.4
733	John Yee	Frederick MD	2135	57	M	0.2693	57:51.6	59:12.0	1:20.4	18:40/M	40:47.7
734	Charlene Collins	Frederick MD	2894	46	F	0.2739	57:53.0	59:12.2	1:19.1	18:40/M	39:06.0
735	Bethany Proefrock	Frederick MD	2216	32	F	0.2538	58:14.5	59:37.3	1:22.8	18:47/M	39:27.5
736	Diane Fouche	Thurmont MD	2820	44	F	0.2674	58:16.1	1:00:21.8	2:05.6	18:48/M	39:29.1
737	Maddie Welty	Rocky Ridge MD	2159	17	F	0.2573	58:19.1	58:29.3	0:10.1	18:49/M	39:32.2

Place		City	Bib No	Age	Gend	Age Grade	-----Total-----		Chip		
Overall	Name						Chip Time	Gun Time	Diff	Pace	Time Back
738	Brent McFarland	Walkersville	2627	44	M	0.2418	58:20.0	1:00:03.6	1:43.6	18:49/M	41:16.0
739	Jacqueline Chen	Frederick MD	2902	30	F	0.2530	58:21.8	58:21.8		18:49/M	39:34.8
740	Beth McFarland	Walkersville	2628	45	F	0.2688	58:27.3	1:00:11.5	1:44.2	18:51/M	39:40.3
741	Michael Berry	Frederick MD	2958	21	M	0.2221	58:27.7	59:02.3	0:34.6	18:51/M	41:23.7
742	Wendy Sloper	Frederick MD	2453	40	F	0.2591	58:32.3	59:28.2	0:55.9	18:53/M	39:45.3
743	Todd Sloper	Frederick MD	2454	48	M	0.2480	58:35.2	59:30.3	0:55.1	18:54/M	41:31.2
744	Lizzie Hummel	Jefferson MD	2734	32	F	0.2486	59:27.5	1:00:53.3	1:25.7	19:11/M	40:40.6
745	Danielle Kuhn	Thurmont MD	2692	41	F	0.2559	59:37.5	1:01:05.8	1:28.2	19:14/M	40:50.6
746	Makenzie Kuhn	Thurmont MD	2693	14	F	0.2648	59:37.7	1:01:05.5	1:27.8	19:14/M	40:50.7
747	Zachary Stonich	Damascus MD	2424	47	M	0.2407	59:55.8	1:01:50.7	1:54.8	19:20/M	42:51.9
748	Connor Stonich	Damascus MD	2426	12	M	0.2406	59:56.3	1:01:50.9	1:54.6	19:20/M	42:52.3
749	Mary Waterman	Hagerstown MD	2371	65	F	0.3290	59:59.9	1:02:10.2	2:10.2	19:21/M	41:13.0
750	Wendy Rollison	Woodsboro MD	2496	59	F	0.3051	1:00:01.6	1:02:10.5	2:08.9	19:22/M	41:14.6
751	Phoebe Barreto	Frederick MD	2133	36	F	0.2480	1:00:06.5	1:01:24.2	1:17.7	19:23/M	41:19.5
752	Jennifer Kline	Frederick MD	2707	47	F	0.2663	1:00:06.9	1:01:24.6	1:17.7	19:23/M	41:19.9
753	Mia Mueller	Frederick MD	2586	6	F	0.3335	1:00:17.8	1:01:50.3	1:32.4	19:27/M	41:30.9
754	Abbie Mueller	Frederick MD	2587	42	F	0.2546	1:00:18.2	1:01:50.1	1:31.8	19:27/M	41:31.3
755	Jaime Remsburg	Frederick MD	2248	41	F	0.2530	1:00:18.6	1:01:27.5	1:08.9	19:27/M	41:31.6
756	Jamie Aldridge	Brunswick MD	2996	38	F	0.2475	1:00:40.8	1:02:30.8	1:49.9	19:34/M	41:53.9
757	Craig Barnes	Inwood WV	2972	57	M	0.2561	1:00:50.9	1:01:43.7	0:52.8	19:37/M	43:46.9
758	Evelyn Figorski	Frederick MD	2831	8	F	0.3047	1:00:55.3	1:02:19.8	1:24.4	19:39/M	42:08.4
759	Tristan Outland	Thurmont MD	2548	15	M	0.2173	1:01:50.8	1:03:23.6	1:32.7	19:57/M	44:46.9
760	Wayne Barner	Lovettsville VA	2977	69	M	0.2788	1:01:58.5	1:04:10.3	2:11.7	19:59/M	44:54.5
761	Nicholas Mayorga	Lovettsville VA	2637	36	M	0.2152	1:01:58.8	1:04:09.4	2:10.6	19:59/M	44:54.8
762	Krista Hawk	Lovettsville VA	2762	37	F	0.2413	1:01:59.5	1:04:11.5	2:11.9	20:00/M	43:12.5
763	John Witmer	New Market MD	2310	54	M	0.2439	1:02:23.1	1:03:39.7	1:16.5	20:07/M	45:19.2
764	Anna Lisa Warner	Thurmont MD	2374	42	F	0.2442	1:02:52.3	1:03:58.1	1:05.8	20:17/M	44:05.3
765	Greta Nettleton	Emmitsburg MD	2570	58	F	0.2878	1:02:52.9	1:03:58.1	1:05.2	20:17/M	44:06.0
766	Terry Winkler-Romeo	Derwood MD	2345	60	F	0.2944	1:02:58.1	1:04:28.8	1:30.6	20:19/M	44:11.1
767	Debbie O'Donnell	New Market MD	2558	59	F	0.2876	1:03:40.6	1:05:08.9	1:28.3	20:32/M	44:53.6
768	Mary Lasko	Walkersville	2679	47	M	0.2262	1:03:45.9	1:04:58.6	1:12.7	20:34/M	46:41.9
769	Nicky Stonich	Damascus MD	2423	6	M	0.2921	1:07:20.1	1:09:12.8	1:52.7	21:43/M	50:16.1
770	Stacy Stonich	Damascus MD	2425	43	F	0.2294	1:07:24.7	1:09:15.3	1:50.6	21:45/M	48:37.7
771	Danielle Goodman	Frederick MD	2785	43	F	0.2219	1:09:41.0	1:09:46.9	0:05.8	22:29/M	50:54.1
772	Michael Goodman	Frederick MD	2786	42	M	0.1994	1:09:43.6	1:09:49.4	0:05.7	22:29/M	52:39.6
773	Marti Grib-Kachman	Walkersville MD	2779	57	F	0.2472	1:12:21.0	1:14:56.5	2:35.5	23:20/M	53:34.0
774	Karen Johnson	Frederick MD	2723	55	F	0.2401	1:12:45.8	1:14:57.8	2:11.9	23:28/M	53:58.8
775	Cherol Morgan	Frederick MD	2604	60	F	0.2546	1:12:48.6	1:14:59.3	2:10.7	23:29/M	54:01.6